US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:20	5.4	11:33	5.5	5:13	0.1	5:26	0.9	4:31	7:33	
2	Fri			12:07	5.4	5:54	0.3	6:12	1.1	4:32	7:33	
3	Sat	12:20	5.2	12:54	5.3	6:37	0.5	7:03	1.3	4:32	7:33	
4	Sun	1:08	5.0	1:40	5.4	7:24	0.7	8:00	1.4	4:33	7:33	
5	Mon	1:57	4.8	2:27	5.4	8:15	0.8	8:59	1.3	4:33	7:32	
6	Tue	2:48	4.7	3:15	5.5	9:09	0.8	9:56	1.2	4:34	7:32	
7	Wed	3:41	4.7	4:05	5.6	10:02	0.8	10:50	0.9	4:35	7:32	
8	Thu	4:36	4.8	4:55	5.8	10:53	0.7	11:41	0.7	4:35	7:31	
9	Fri	5:30	4.9	5:45	6.0	11:42	0.6			4:36	7:31	
10	Sat	6:21	5.1	6:32	6.3	12:30	0.4	12:30	0.4	4:37	7:31	
11	Sun	7:09	5.3	7:17	6.5	1:18	0.2	1:18	0.3	4:37	7:30	
12	Mon	7:54	5.5	8:02	6.6	2:05	-0.1	2:06	0.2	4:38	7:30	
13	Tue	8:39	5.7	8:46	6.6	2:51	-0.2	2:53	0.1	4:39	7:29	
14	Wed	9:25	5.8	9:32	6.6	3:35	-0.3	3:41	0.1	4:40	7:29	
15	Thu	10:13	5.9	10:21	6.4	4:19	-0.3	4:29	0.1	4:40	7:28	
16	Fri	11:05	6.0	11:15	6.1	5:03	-0.3	5:20	0.2	4:41	7:28	
17	Sat	11:59	6.1			5:49	-0.2	6:15	0.4	4:42	7:27	
18	Sun	12:11	5.9	12:54	6.2	6:41	0.0	7:16	0.5	4:43	7:26	
19	Mon	1:09	5.6	1:50	6.3	7:38	0.2	8:22	0.6	4:44	7:26	
20	Tue	2:09	5.5	2:47	6.3	8:40	0.3	9:27	0.5	4:45	7:25	
21	Wed	3:09	5.4	3:46	6.3	9:42	0.3	10:28	0.4	4:45	7:24	
22	Thu	4:11	5.4	4:44	6.4	10:40	0.2	11:25	0.2	4:46	7:23	
23	Fri	5:12	5.4	5:41	6.5	11:34	0.1			4:47	7:22	
24	Sat	6:09	5.6	6:34	6.6	12:18	0.0	12:26	0.1	4:48	7:22	
25	Sun	7:01	5.7	7:22	6.6	1:08	-0.2	1:16	0.1	4:49	7:21	
26	Mon	7:49	5.8	8:07	6.5	1:56	-0.2	2:04	0.2	4:50	7:20	
27	Tue	8:34	5.8	8:50	6.4	2:40	-0.2	2:49	0.3	4:51	7:19	
28	Wed	9:17	5.8	9:32	6.1	3:21	-0.2	3:32	0.4	4:52	7:18	
29	Thu	10:00	5.7	10:13	5.8	4:01	0.0	4:13	0.6	4:53	7:17	
30	Fri	10:42	5.6	10:56	5.5	4:38	0.2	4:54	0.8	4:54	7:16	
31	Sat	11:25	5.5	11:40	5.2	5:15	0.4	5:35	1.1	4:55	7:15	