US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Dec 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:00	5.6	3:19	5.4	9:34	0.3	10:01	-0.1	7:04	4:33	
2	Thu	4:00	6.0	4:21	5.5	10:36	-0.1	10:57	-0.4	7:05	4:33	
3	Fri	4:58	6.4	5:22	5.7	11:33	-0.5	11:50	-0.7	7:06	4:32	
4	Sat	5:54	6.7	6:19	5.9			12:28	-0.8	7:07	4:32	
5	Sun	6:47	6.9	7:12	6.0	12:42	-0.8	1:20	-0.9	7:08	4:32	
6	Mon	7:37	7.0	8:03	6.0	1:33	-0.9	2:12	-1.0	7:09	4:32	
7	Tue	8:26	6.9	8:52	5.9	2:23	-0.8	3:02	-1.0	7:10	4:32	
8	Wed	9:15	6.7	9:42	5.7	3:12	-0.7	3:50	-0.8	7:11	4:32	
9	Thu	10:03	6.3	10:33	5.4	3:59	-0.4	4:37	-0.5	7:11	4:32	
10	Fri	10:54	5.9	11:25	5.2	4:47	0.0	5:23	-0.2	7:12	4:32	
11	Sat	11:45	5.5			5:35	0.3	6:11	0.1	7:13	4:32	
12	Sun	12:18	5.0	12:38	5.1	6:26	0.6	7:01	0.3	7:14	4:32	
13	Mon	1:11	4.9	1:31	4.9	7:24	0.9	7:54	0.5	7:15	4:33	
14	Tue	2:02	4.9	2:24	4.7	8:25	1.0	8:49	0.5	7:15	4:33	
15	Wed	2:53	5.0	3:17	4.6	9:25	0.9	9:41	0.5	7:16	4:33	
16	Thu	3:44	5.1	4:11	4.6	10:20	0.7	10:31	0.3	7:17	4:33	
17	Fri	4:35	5.2	5:03	4.7	11:10	0.5	11:18	0.2	7:17	4:34	
18	Sat	5:23	5.4	5:53	4.8	11:57	0.3			7:18	4:34	
19	Sun	6:08	5.6	6:39	4.9	12:03	0.1	12:42	0.1	7:19	4:35	
20	Mon	6:50	5.7	7:21	5.0	12:47	0.0	1:26	-0.1	7:19	4:35	
21	Tue	7:29	5.9	8:01	5.1	1:30	-0.1	2:10	-0.2	7:20	4:36	
22	Wed	8:07	5.9	8:40	5.1	2:12	-0.1	2:52	-0.3	7:20	4:36	
23	Thu	8:44	5.9	9:19	5.1	2:53	-0.1	3:32	-0.3	7:21	4:37	
24	Fri	9:23	5.9	10:01	5.1	3:33	0.0	4:12	-0.2	7:21	4:37	
25	Sat	10:06	5.8	10:48	5.1	4:14	0.0	4:53	-0.2	7:21	4:38	
26	Sun	10:54	5.6	11:40	5.1	4:59	0.1	5:36	-0.1	7:22	4:38	
27	Mon	11:50	5.4			5:50	0.3	6:26	0.0	7:22	4:39	
28	Tue	12:37	5.3	12:50	5.2	6:51	0.4	7:24	0.1	7:22	4:40	
29	Wed	1:35	5.4	1:53	5.1	8:01	0.4	8:30	0.1	7:23	4:41	
30	Thu	2:35	5.6	2:56	5.1	9:12	0.2	9:34	-0.1	7:23	4:41	
31	Fri	3:35	5.8	4:00	5.1	10:17	0.0	10:37	-0.3	7:23	4:42	