US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:49	5.2	7:53	6.1	1:56	0.3	1:56	0.5	4:31	7:33	
2	Sat	8:30	5.2	8:30	6.1	2:39	0.2	2:38	0.6	4:32	7:33	
3	Sun	9:10	5.2	9:08	6.1	3:20	0.1	3:20	0.6	4:32	7:33	
4	Mon	9:50	5.3	9:48	6.0	4:00	0.1	4:01	0.6	4:33	7:33	
5	Tue	10:34	5.3	10:32	5.9	4:39	0.2	4:43	0.7	4:33	7:32	
6	Wed	11:21	5.4	11:23	5.8	5:18	0.2	5:29	0.7	4:34	7:32	
7	Thu			12:13	5.6	6:01	0.3	6:23	0.8	4:35	7:32	
8	Fri	12:19	5.6	1:07	5.8	6:51	0.3	7:27	0.8	4:35	7:32	
9	Sat	1:18	5.5	2:03	6.1	7:50	0.4	8:35	0.7	4:36	7:31	
10	Sun	2:20	5.4	3:01	6.3	8:54	0.3	9:42	0.5	4:37	7:31	
11	Mon	3:22	5.4	4:01	6.5	9:57	0.2	10:44	0.2	4:37	7:30	
12	Tue	4:26	5.5	5:01	6.7	10:56	0.0	11:42	-0.1	4:38	7:30	
13	Wed	5:29	5.7	5:59	6.9	11:53	-0.2			4:39	7:29	
14	Thu	6:28	5.9	6:54	7.0	12:38	-0.4	12:48	-0.3	4:39	7:29	
15	Fri	7:23	6.1	7:45	7.1	1:31	-0.6	1:41	-0.3	4:40	7:28	
16	Sat	8:14	6.1	8:34	7.0	2:22	-0.7	2:33	-0.3	4:41	7:28	
17	Sun	9:04	6.1	9:22	6.7	3:11	-0.7	3:22	-0.1	4:42	7:27	
18	Mon	9:53	6.1	10:10	6.4	3:56	-0.6	4:09	0.1	4:43	7:26	
19	Tue	10:41	5.9	10:58	6.0	4:40	-0.4	4:55	0.4	4:44	7:26	
20	Wed	11:30	5.8	11:47	5.6	5:22	-0.1	5:41	0.7	4:44	7:25	
21	Thu			12:18	5.7	6:05	0.2	6:30	0.9	4:45	7:24	
22	Fri	12:36	5.3	1:06	5.6	6:50	0.5	7:23	1.2	4:46	7:23	
23	Sat	1:26	5.0	1:54	5.5	7:39	0.7	8:21	1.3	4:47	7:23	
24	Sun	2:16	4.9	2:42	5.5	8:32	0.8	9:20	1.2	4:48	7:22	
25	Mon	3:09	4.8	3:32	5.5	9:27	0.9	10:15	1.1	4:49	7:21	
26	Tue	4:03	4.8	4:24	5.6	10:19	0.8	11:07	0.9	4:50	7:20	
27	Wed	4:58	4.8	5:14	5.8	11:09	0.7	11:56	0.7	4:51	7:19	
28	Thu	5:50	5.0	6:02	5.9	11:57	0.6			4:52	7:18	
29	Fri	6:38	5.2	6:46	6.1	12:43	0.4	12:44	0.5	4:52	7:17	
30	Sat	7:22	5.4	7:28	6.3	1:28	0.2	1:30	0.4	4:53	7:16	
31	Sun	8:03	5.5	8:08	6.3	2:12	0.1	2:15	0.4	4:54	7:15	