US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**12:49**	5.0	**1:00**	5.0	**6:53**	0.6	**7:30**	0.3	7:23	4:43	
2	Sat	**1:41**	4.9	**1:52**	4.7	**7:52**	0.8	**8:24**	0.4	7:23	4:44	
3	Sun	**2:32**	5.0	**2:45**	4.5	**8:53**	0.8	**9:17**	0.5	7:23	4:45	
4	Mon	**3:23**	5.0	**3:39**	4.4	**9:50**	0.7	**10:08**	0.4	7:23	4:45	
5	Tue	**4:13**	5.1	**4:33**	4.5	**10:43**	0.5	**10:56**	0.3	7:23	4:46	
6	Wed	**5:03**	5.3	**5:25**	4.6	**11:32**	0.3	**11:41**	0.2	7:23	4:47	
7	Thu	**5:51**	5.4	**6:13**	4.7			**12:18**	0.1	7:23	4:48	
8	Fri	**6:35**	5.6	**6:58**	4.8	**12:26**	0.1	**1:04**	-0.1	7:23	4:49	
9	Sat	**7:15**	5.7	**7:39**	4.9	**1:09**	0.1	**1:48**	-0.2	7:23	4:50	
10	Sun	**7:53**	5.7	**8:18**	4.9	**1:52**	0.0	**2:31**	-0.3	7:22	4:51	
11	Mon	**8:30**	5.8	**8:56**	4.9	**2:32**	0.1	**3:12**	-0.3	7:22	4:52	
12	Tue	**9:07**	5.8	**9:35**	4.9	**3:11**	0.1	**3:52**	-0.3	7:22	4:53	
13	Wed	**9:46**	5.7	**10:17**	4.9	**3:50**	0.1	**4:31**	-0.2	7:22	4:54	
14	Thu	**10:30**	5.6	**11:04**	4.9	**4:30**	0.2	**5:11**	-0.1	7:21	4:56	
15	Fri	**11:20**	5.4	**11:57**	5.0	**5:14**	0.3	**5:55**	0.0	7:21	4:57	
16	Sat			**12:17**	5.2	**6:07**	0.4	**6:46**	0.1	7:20	4:58	
17	Sun	**12:53**	5.2	**1:18**	5.0	**7:14**	0.5	**7:47**	0.1	7:20	4:59	
18	Mon	**1:52**	5.3	**2:21**	4.9	**8:29**	0.5	**8:52**	0.1	7:19	5:00	
19	Tue	**2:53**	5.5	**3:26**	4.9	**9:40**	0.3	**9:56**	-0.1	7:19	5:01	
20	Wed	**3:55**	5.8	**4:31**	5.0	**10:45**	0.0	**10:56**	-0.3	7:18	5:02	
21	Thu	**4:57**	6.0	**5:33**	5.2	**11:44**	-0.4	**11:52**	-0.6	7:18	5:04	
22	Fri	**5:56**	6.3	**6:31**	5.5			**12:39**	-0.6	7:17	5:05	
23	Sat	**6:51**	6.5	**7:24**	5.7	**12:46**	-0.7	**1:31**	-0.8	7:16	5:06	
24	Sun	**7:42**	6.5	**8:13**	5.8	**1:38**	-0.8	**2:21**	-0.9	7:16	5:07	
25	Mon	**8:29**	6.5	**9:01**	5.8	**2:27**	-0.8	**3:08**	-0.9	7:15	5:08	
26	Tue	**9:15**	6.3	**9:48**	5.6	**3:14**	-0.7	**3:52**	-0.8	7:14	5:10	
27	Wed	**10:01**	6.0	**10:35**	5.5	**3:59**	-0.5	**4:34**	-0.6	7:13	5:11	
28	Thu	**10:46**	5.6	**11:22**	5.3	**4:43**	-0.2	**5:15**	-0.3	7:12	5:12	
29	Fri	**11:33**	5.2			**5:27**	0.1	**5:56**	0.0	7:12	5:13	
30	Sat	**12:09**	5.1	**12:21**	4.8	**6:14**	0.4	**6:40**	0.3	7:11	5:14	
31	Sun	**12:57**	5.0	**1:11**	4.5	**7:06**	0.7	**7:29**	0.6	7:10	5:16	