

Rockaway Beach (inside), NY - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:11	5.4	4:41	6.6	10:39	0.1	11:28	0.1	4:32	7:33	
2	Sat	5:14	5.5	5:39	6.9	11:35	-0.1			4:32	7:33	
3	Sun	6:15	5.7	6:36	7.1	12:25	-0.2	12:30	-0.3	4:33	7:33	
4	Mon	7:12	5.9	7:30	7.2	1:21	-0.4	1:25	-0.4	4:33	7:32	
5	Tue	8:06	6.0	8:22	7.2	2:15	-0.6	2:19	-0.4	4:34	7:32	
6	Wed	8:59	6.0	9:13	7.0	3:08	-0.6	3:12	-0.3	4:34	7:32	
7	Thu	9:52	6.0	10:04	6.7	3:58	-0.6	4:03	-0.1	4:35	7:32	
8	Fri	10:46	5.9	10:56	6.3	4:46	-0.5	4:53	0.1	4:36	7:31	
9	Sat	11:39	5.8	11:48	6.0	5:33	-0.2	5:44	0.4	4:36	7:31	
10	Sun			12:31	5.7	6:20	0.0	6:36	0.7	4:37	7:30	
11	Mon	12:40	5.6	1:22	5.7	7:09	0.3	7:32	0.9	4:38	7:30	
12	Tue	1:31	5.3	2:11	5.7	7:59	0.5	8:31	1.0	4:39	7:29	
13	Wed	2:22	5.1	3:00	5.7	8:50	0.7	9:28	1.0	4:39	7:29	
14	Thu	3:14	4.9	3:49	5.7	9:41	0.7	10:22	0.9	4:40	7:28	
15	Fri	4:08	4.8	4:39	5.8	10:30	0.7	11:12	0.8	4:41	7:28	
16	Sat	5:01	4.8	5:28	5.9	11:17	0.7			4:42	7:27	
17	Sun	5:53	4.9	6:15	5.9	12:00	0.6	12:03	0.7	4:43	7:27	
18	Mon	6:41	5.0	6:58	6.0	12:47	0.5	12:49	0.7	4:43	7:26	
19	Tue	7:25	5.1	7:39	6.1	1:32	0.3	1:34	0.7	4:44	7:25	
20	Wed	8:07	5.1	8:17	6.1	2:16	0.3	2:17	0.7	4:45	7:24	
21	Thu	8:46	5.1	8:53	6.0	2:58	0.2	2:58	0.8	4:46	7:24	
22	Fri	9:25	5.2	9:30	6.0	3:39	0.2	3:37	0.8	4:47	7:23	
23	Sat	10:05	5.2	10:10	5.9	4:17	0.2	4:17	0.9	4:48	7:22	
24	Sun	10:48	5.3	10:56	5.7	4:55	0.2	4:58	0.9	4:49	7:21	
25	Mon	11:36	5.4	11:48	5.6	5:34	0.3	5:45	1.0	4:49	7:20	
26	Tue			12:27	5.6	6:18	0.4	6:42	1.0	4:50	7:19	
27	Wed	12:45	5.4	1:21	5.9	7:09	0.5	7:51	1.0	4:51	7:18	
28	Thu	1:45	5.3	2:18	6.1	8:10	0.5	9:03	0.8	4:52	7:17	
29	Fri	2:47	5.2	3:18	6.3	9:15	0.4	10:10	0.6	4:53	7:16	
30	Sat	3:52	5.3	4:19	6.5	10:17	0.2	11:11	0.3	4:54	7:15	
31	Sun	4:56	5.4	5:21	6.7	11:16	0.0			4:55	7:14	