

Rockaway Beach (inside), NY - Mar 1830

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:40	5.9	1:13	5.2	7:11	0.2	7:30	0.2	6:33	5:50	
2	Tue	1:37	5.6	2:13	5.0	8:17	0.4	8:34	0.4	6:31	5:51	
3	Wed	2:36	5.4	3:13	4.9	9:24	0.4	9:37	0.4	6:30	5:52	
4	Thu	3:35	5.4	4:14	5.0	10:25	0.4	10:36	0.3	6:28	5:53	
5	Fri	4:35	5.4	5:12	5.1	11:19	0.2	11:28	0.2	6:27	5:54	
6	Sat	5:31	5.5	6:04	5.3			12:08	0.0	6:25	5:55	
7	Sun	6:21	5.6	6:51	5.6	12:17	0.0	12:52	-0.1	6:24	5:56	
8	Mon	7:06	5.7	7:33	5.7	1:02	-0.1	1:34	-0.2	6:22	5:58	
9	Tue	7:46	5.8	8:12	5.8	1:45	-0.2	2:13	-0.3	6:20	5:59	
10	Wed	8:24	5.7	8:50	5.8	2:27	-0.2	2:50	-0.2	6:19	6:00	
11	Thu	9:00	5.5	9:25	5.7	3:06	-0.1	3:26	-0.1	6:17	6:01	
12	Fri	9:35	5.3	9:59	5.5	3:44	0.0	4:00	0.1	6:16	6:02	
13	Sat	10:10	5.1	10:33	5.4	4:20	0.2	4:32	0.4	6:14	6:03	
14	Sun	10:47	4.9	11:09	5.2	4:56	0.4	5:03	0.6	6:12	6:04	
15	Mon	11:29	4.7	11:51	5.1	5:33	0.6	5:35	0.8	6:11	6:05	
16	Tue			12:19	4.6	6:18	0.8	6:16	1.0	6:09	6:06	
17	Wed	12:42	5.1	1:18	4.5	7:19	0.9	7:22	1.1	6:07	6:07	
18	Thu	1:42	5.1	2:20	4.6	8:32	0.9	8:44	1.1	6:06	6:08	
19	Fri	2:45	5.3	3:24	4.8	9:41	0.7	9:55	0.8	6:04	6:09	
20	Sat	3:50	5.5	4:27	5.1	10:41	0.3	10:57	0.3	6:02	6:10	
21	Sun	4:54	5.8	5:27	5.6	11:36	-0.2	11:53	-0.1	6:01	6:11	
22	Mon	5:53	6.2	6:21	6.1			12:28	-0.6	5:59	6:12	
23	Tue	6:47	6.5	7:12	6.6	12:48	-0.6	1:17	-0.9	5:58	6:14	
24	Wed	7:38	6.7	8:01	6.9	1:40	-0.9	2:06	-1.1	5:56	6:15	
25	Thu	8:27	6.7	8:49	7.1	2:32	-1.1	2:54	-1.1	5:54	6:16	
26	Fri	9:17	6.6	9:38	7.0	3:22	-1.1	3:40	-1.0	5:53	6:17	
27	Sat	10:07	6.3	10:28	6.7	4:11	-0.9	4:27	-0.8	5:51	6:18	
28	Sun	11:01	5.9	11:20	6.4	5:01	-0.6	5:15	-0.4	5:49	6:19	
29	Mon	11:56	5.6			5:53	-0.2	6:07	0.1	5:48	6:20	
30	Tue	12:15	6.0	12:54	5.3	6:49	0.2	7:03	0.5	5:46	6:21	
31	Wed	1:12	5.7	1:52	5.1	7:51	0.5	8:06	0.7	5:44	6:22	