

Rockaway Beach (inside), NY - Nov 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:51	5.6	5:11	5.6	11:15	0.5	11:37	0.0	6:25	4:52	
2	Sat	5:39	5.9	5:59	5.7			12:02	0.3	6:26	4:50	
3	Sun	6:22	6.2	6:43	5.6	12:17	-0.1	12:46	0.1	6:28	4:49	
4	Mon	7:02	6.3	7:24	5.6	12:56	-0.1	1:27	0.1	6:29	4:48	
5	Tue	7:39	6.3	8:03	5.4	1:34	0.0	2:08	0.1	6:30	4:47	
6	Wed	8:14	6.2	8:41	5.2	2:12	0.2	2:47	0.2	6:31	4:46	
7	Thu	8:48	5.9	9:18	5.0	2:49	0.4	3:25	0.4	6:32	4:45	
8	Fri	9:21	5.7	9:56	4.7	3:25	0.6	4:04	0.6	6:33	4:44	
9	Sat	9:55	5.4	10:38	4.4	4:00	0.8	4:42	0.9	6:35	4:43	
10	Sun	10:33	5.2	11:27	4.2	4:35	1.1	5:25	1.1	6:36	4:42	
11	Mon	11:21	5.1			5:14	1.3	6:15	1.2	6:37	4:41	
12	Tue	12:23	4.1	12:18	5.0	6:02	1.4	7:16	1.2	6:38	4:40	
13	Wed	1:22	4.2	1:19	5.0	7:10	1.5	8:22	1.0	6:39	4:39	
14	Thu	2:18	4.4	2:21	5.1	8:27	1.3	9:21	0.8	6:41	4:38	
15	Fri	3:14	4.9	3:21	5.3	9:35	1.0	10:13	0.4	6:42	4:37	
16	Sat	4:08	5.4	4:21	5.4	10:34	0.5	11:01	0.1	6:43	4:36	
17	Sun	5:00	5.9	5:18	5.6	11:29	0.0	11:48	-0.2	6:44	4:36	
18	Mon	5:51	6.5	6:12	5.8			12:22	-0.4	6:45	4:35	
19	Tue	6:40	6.8	7:04	5.9	12:35	-0.4	1:14	-0.6	6:46	4:34	
20	Wed	7:29	7.1	7:54	5.9	1:23	-0.6	2:05	-0.7	6:47	4:34	
21	Thu	8:18	7.1	8:44	5.7	2:13	-0.6	2:57	-0.7	6:49	4:33	
22	Fri	9:08	6.9	9:37	5.5	3:03	-0.5	3:49	-0.5	6:50	4:32	
23	Sat	10:01	6.5	10:33	5.3	3:55	-0.3	4:42	-0.3	6:51	4:32	
24	Sun	10:58	6.2	11:33	5.1	4:47	0.0	5:36	0.0	6:52	4:31	
25	Mon	11:58	5.8			5:43	0.4	6:34	0.2	6:53	4:31	
26	Tue	12:35	5.0	12:58	5.5	6:44	0.7	7:34	0.3	6:54	4:30	
27	Wed	1:35	5.0	1:56	5.3	7:51	0.9	8:34	0.3	6:55	4:30	
28	Thu	2:32	5.1	2:52	5.1	8:57	0.9	9:28	0.3	6:56	4:30	
29	Fri	3:27	5.2	3:47	5.0	9:57	0.7	10:17	0.2	6:57	4:29	
30	Sat	4:18	5.5	4:40	5.0	10:50	0.5	11:01	0.1	6:58	4:29	