

Rockaway Beach (inside), NY - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:51	5.2	6:29	4.8			12:31	0.3	6:28	5:46	
2	Sun	6:36	5.5	7:11	5.1	12:34	0.4	1:14	0.0	6:27	5:47	
3	Mon	7:17	5.7	7:49	5.4	1:19	0.2	1:54	-0.2	6:25	5:48	
4	Tue	7:56	5.8	8:25	5.7	2:02	0.0	2:32	-0.3	6:24	5:49	
5	Wed	8:34	5.8	9:02	5.9	2:44	-0.2	3:09	-0.3	6:22	5:50	
6	Thu	9:13	5.7	9:40	6.0	3:26	-0.3	3:44	-0.2	6:21	5:52	
7	Fri	9:55	5.5	10:22	6.0	4:08	-0.2	4:20	-0.1	6:19	5:53	
8	Sat	10:42	5.2	11:10	5.9	4:52	-0.1	4:59	0.1	6:17	5:54	
9	Sun	11:37	4.9			5:41	0.1	5:45	0.4	6:16	5:55	
10	Mon	12:06	5.8	12:38	4.7	6:40	0.4	6:45	0.6	6:14	5:56	
11	Tue	1:08	5.6	1:44	4.6	7:52	0.6	8:02	0.8	6:13	5:57	
12	Wed	2:14	5.5	2:52	4.6	9:08	0.6	9:20	0.7	6:11	5:58	
13	Thu	3:23	5.5	4:00	4.8	10:16	0.4	10:28	0.4	6:09	5:59	
14	Fri	4:29	5.7	5:04	5.2	11:15	0.0	11:28	0.1	6:08	6:00	
15	Sat	5:31	5.9	6:02	5.6			12:07	-0.3	6:06	6:01	
16	Sun	6:25	6.1	6:53	6.0	12:22	-0.1	12:55	-0.6	6:05	6:02	
17	Mon	7:13	6.2	7:38	6.2	1:12	-0.3	1:39	-0.7	6:03	6:03	
18	Tue	7:58	6.2	8:19	6.4	1:59	-0.5	2:20	-0.7	6:01	6:05	
19	Wed	8:40	6.0	8:59	6.4	2:43	-0.4	2:59	-0.6	6:00	6:06	
20	Thu	9:21	5.7	9:37	6.2	3:24	-0.3	3:36	-0.3	5:58	6:07	
21	Fri	10:02	5.4	10:15	5.9	4:04	-0.1	4:12	0.1	5:56	6:08	
22	Sat	10:44	5.0	10:54	5.6	4:43	0.2	4:48	0.4	5:55	6:09	
23	Sun	11:30	4.7	11:37	5.3	5:22	0.5	5:24	0.8	5:53	6:10	
24	Mon			12:19	4.4	6:04	0.9	6:07	1.1	5:51	6:11	
25	Tue	12:24	5.0	1:12	4.2	6:57	1.2	7:01	1.4	5:50	6:12	
26	Wed	1:18	4.8	2:09	4.1	8:04	1.4	8:11	1.5	5:48	6:13	
27	Thu	2:16	4.7	3:09	4.2	9:15	1.3	9:21	1.5	5:46	6:14	
28	Fri	3:16	4.7	4:09	4.4	10:16	1.1	10:22	1.2	5:45	6:15	
29	Sat	4:16	4.9	5:04	4.7	11:08	0.7	11:15	0.9	5:43	6:16	
30	Sun	5:11	5.2	5:53	5.1	11:54	0.4			5:41	6:17	
31	Mon	6:01	5.5	6:36	5.6	12:05	0.5	12:36	0.1	5:40	6:18	