

Rockaway Beach (inside), NY - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:24	5.6	9:44	7.1	3:38	-0.5	3:40	-0.1	5:26	8:19	
2	Mon	10:17	5.6	10:38	6.9	4:30	-0.5	4:33	0.0	5:26	8:20	
3	Tue	11:13	5.6	11:33	6.6	5:22	-0.4	5:26	0.1	5:25	8:21	
4	Wed			12:11	5.5	6:14	-0.3	6:20	0.3	5:25	8:21	
5	Thu	12:30	6.3	1:10	5.5	7:06	-0.2	7:17	0.6	5:25	8:22	
6	Fri	1:26	6.0	2:06	5.6	8:00	0.0	8:18	0.8	5:24	8:23	
7	Sat	2:22	5.8	3:01	5.7	8:55	0.1	9:22	0.9	5:24	8:23	
8	Sun	3:16	5.5	3:53	5.8	9:48	0.2	10:24	0.9	5:24	8:24	
9	Mon	4:10	5.3	4:43	5.9	10:39	0.3	11:20	0.8	5:24	8:24	
10	Tue	5:04	5.1	5:33	6.0	11:27	0.3			5:23	8:25	
11	Wed	5:58	5.0	6:21	6.1	12:11	0.6	12:13	0.4	5:23	8:25	
12	Thu	6:51	5.0	7:08	6.1	12:59	0.5	12:57	0.5	5:23	8:26	
13	Fri	7:39	5.0	7:51	6.1	1:45	0.4	1:42	0.5	5:23	8:26	
14	Sat	8:25	5.0	8:33	6.1	2:30	0.4	2:26	0.6	5:23	8:27	
15	Sun	9:08	5.0	9:12	5.9	3:14	0.4	3:09	0.7	5:23	8:27	
16	Mon	9:50	4.9	9:49	5.8	3:57	0.5	3:51	0.8	5:23	8:28	
17	Tue	10:31	4.8	10:25	5.7	4:38	0.5	4:31	1.0	5:23	8:28	
18	Wed	11:13	4.7	11:01	5.6	5:17	0.6</					