

Rockaway Beach (inside), NY - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:03	5.8	10:23	7.0	4:15	-0.6	4:19	-0.1	5:28	8:29	
2	Wed	10:57	5.8	11:16	6.7	5:05	-0.6	5:12	0.0	5:28	8:29	
3	Thu	11:52	5.9			5:53	-0.6	6:03	0.2	5:29	8:29	
4	Fri	12:08	6.4	12:46	5.9	6:40	-0.4	6:56	0.5	5:29	8:29	
5	Sat	1:01	6.0	1:39	5.9	7:28	-0.2	7:51	0.7	5:30	8:29	
6	Sun	1:54	5.6	2:29	5.9	8:17	0.1	8:50	0.9	5:30	8:29	
7	Mon	2:46	5.3	3:18	5.9	9:07	0.4	9:51	1.0	5:31	8:28	
8	Tue	3:38	5.0	4:07	5.8	9:59	0.6	10:48	1.0	5:32	8:28	
9	Wed	4:32	4.8	4:57	5.8	10:50	0.7	11:42	0.9	5:32	8:28	
10	Thu	5:27	4.7	5:48	5.8	11:40	0.7			5:33	8:27	
11	Fri	6:22	4.7	6:39	5.8	12:32	0.8	12:28	0.7	5:34	8:27	
12	Sat	7:14	4.8	7:26	5.9	1:20	0.7	1:15	0.7	5:34	8:26	
13	Sun	8:02	4.9	8:10	5.9	2:06	0.6	2:01	0.7	5:35	8:26	
14	Mon	8:46	4.9	8:50	5.9	2:52	0.5	2:46	0.8	5:36	8:25	
15	Tue	9:27	5.0	9:27	5.9	3:35	0.4	3:29	0.8	5:37	8:25	
16	Wed	10:07	5.0	10:02	5.8	4:15	0.4	4:10	0.9	5:38	8:24	
17	Thu	10:46	5.0	10:36	5.7	4:52	0.4	4:48	1.0	5:38	8:23	
18	Fri	11:25	5.0	11:12	5.6	5:27	0.4	5:26	1.1	5:39	8:23	
19	Sat			12:04	5.1	6:01	0.5	6:06	1.1	5:40	8:22	
20	Sun			12:47	5.3	6:34	0.6	6:51	1.1	5:41	8:21	
21	Mon	12:43	5.3	1:34	5.5	7:10	0.7	7:46	1.1	5:42	8:21	
22	Tue	1:39	5.1	2:25	5.7	7:57	0.8	8:53	1.1	5:43	8:20	
23	Wed	2:40	4.9	3:21	5.9	8:59	0.8	10:06	1.0	5:43	8:19	
24	Thu	3:43	4.9	4:21	6.1	10:09	0.8	11:14	0.7	5:44	8:18	
25	Fri	4:50	4.9	5:25	6.3	11:16	0.6			5:45	8:17	
26	Sat	5:57	5.1	6:28	6.6	12:16	0.4	12:18	0.3	5:46	8:16	
27	Sun	7:00	5.3	7:28	6.9	1:15	0.1	1:17	0.1	5:47	8:15	
28	Mon	7:59	5.7	8:23	7.1	2:11	-0.3	2:14	-0.1	5:48	8:14	
29	Tue	8:53	5.9	9:14	7.1	3:04	-0.5	3:09	-0.2	5:49	8:13	
30	Wed	9:45	6.1	10:04	7.0	3:54	-0.7	4:02	-0.2	5:50	8:12	
31	Thu	10:35	6.2	10:52	6.7	4:41	-0.7	4:52	-0.1	5:51	8:11	