

Rockaway Beach (inside), NY - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:25	6.2	11:41	6.3	5:25	-0.6	5:41	0.1	5:52	8:10	
2	Sat			12:15	6.1	6:08	-0.4	6:29	0.4	5:53	8:09	
3	Sun	12:31	5.8	1:04	6.0	6:51	0.0	7:19	0.7	5:54	8:08	
4	Mon	1:22	5.4	1:52	5.9	7:35	0.3	8:14	1.0	5:55	8:07	
5	Tue	2:14	5.1	2:40	5.7	8:23	0.7	9:13	1.2	5:56	8:06	
6	Wed	3:07	4.8	3:30	5.6	9:17	1.0	10:14	1.3	5:57	8:05	
7	Thu	4:01	4.6	4:22	5.5	10:14	1.1	11:12	1.2	5:57	8:03	
8	Fri	4:57	4.6	5:17	5.5	11:09	1.1			5:58	8:02	
9	Sat	5:54	4.6	6:11	5.6	12:05	1.1	12:01	1.0	5:59	8:01	
10	Sun	6:48	4.8	7:01	5.7	12:55	0.9	12:50	0.9	6:00	8:00	
11	Mon	7:37	5.0	7:46	5.9	1:41	0.7	1:37	0.8	6:01	7:58	
12	Tue	8:21	5.1	8:25	6.0	2:25	0.5	2:22	0.8	6:02	7:57	
13	Wed	9:02	5.3	9:02	6.0	3:07	0.3	3:05	0.7	6:03	7:56	
14	Thu	9:39	5.4	9:36	6.0	3:45	0.2	3:46	0.7	6:04	7:54	
15	Fri	10:15	5.5	10:11	5.9	4:21	0.2	4:26	0.7	6:05	7:53	
16	Sat	10:50	5.6	10:48	5.7	4:55	0.3	5:05	0.8	6:06	7:52	
17	Sun	11:27	5.7	11:30	5.5	5:27	0.4	5:45	0.8	6:07	7:50	
18	Mon			12:10	5.7	5:59	0.5	6:30	0.9	6:08	7:49	
19	Tue	12:19	5.2	1:00	5.8	6:36	0.7	7:23	1.0	6:09	7:47	
20	Wed	1:17	5.0	1:56	5.9	7:24	0.9	8:32	1.1	6:10	7:46	
21	Thu	2:21	4.9	2:58	5.9	8:32	1.0	9:48	1.1	6:11	7:45	
22	Fri	3:28	4.8	4:03	6.1	9:51	0.9	10:59	0.8	6:12	7:43	
23	Sat	4:36	4.9	5:10	6.2	11:03	0.7			6:13	7:42	
24	Sun	5:43	5.2	6:14	6.5	12:02	0.5	12:06	0.4	6:14	7:40	
25	Mon	6:46	5.5	7:12	6.8	12:59	0.1	1:04	0.1	6:15	7:39	
26	Tue	7:43	6.0	8:05	7.0	1:51	-0.3	1:59	-0.1	6:16	7:37	
27	Wed	8:34	6.3	8:54	7.0	2:40	-0.6	2:51	-0.2	6:17	7:35	
28	Thu	9:22	6.5	9:40	6.8	3:27	-0.7	3:41	-0.2	6:18	7:34	
29	Fri	10:08	6.6	10:25	6.5	4:10	-0.7	4:29	-0.1	6:19	7:32	
30	Sat	10:52	6.5	11:11	6.1	4:52	-0.5	5:14	0.1	6:20	7:31	
31	Sun	11:37	6.3			5:32	-0.1	5:59	0.4	6:21	7:29	