

Rockaway Beach (inside), NY - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:27	4.3	12:31	4.9	6:12	1.5	7:15	1.4	6:25	4:52	
2	Sun	1:24	4.2	1:27	4.8	7:14	1.6	8:19	1.3	6:26	4:51	
3	Mon	2:21	4.3	2:22	4.9	8:23	1.6	9:18	1.1	6:27	4:49	
4	Tue	3:14	4.6	3:17	5.0	9:27	1.4	10:09	0.8	6:29	4:48	
5	Wed	4:06	4.9	4:11	5.1	10:23	1.1	10:54	0.5	6:30	4:47	
6	Thu	4:53	5.4	5:03	5.3	11:14	0.7	11:37	0.2	6:31	4:46	
7	Fri	5:38	5.8	5:52	5.5			12:02	0.3	6:32	4:45	
8	Sat	6:21	6.2	6:39	5.6	12:18	0.1	12:49	-0.1	6:33	4:44	
9	Sun	7:04	6.5	7:25	5.6	1:01	-0.1	1:36	-0.3	6:34	4:43	
10	Mon	7:46	6.7	8:10	5.6	1:44	-0.1	2:25	-0.4	6:36	4:42	
11	Tue	8:31	6.7	8:57	5.5	2:29	-0.1	3:13	-0.3	6:37	4:41	
12	Wed	9:19	6.6	9:48	5.3	3:16	0.0	4:03	-0.2	6:38	4:40	
13	Thu	10:11	6.4	10:45	5.1	4:05	0.1	4:56	0.0	6:39	4:39	
14	Fri	11:10	6.1	11:47	5.0	4:57	0.3	5:52	0.2	6:40	4:38	
15	Sat			12:13	5.8	5:56	0.5	6:53	0.4	6:41	4:37	
16	Sun	12:52	5.0	1:16	5.7	7:03	0.7	7:58	0.3	6:43	4:37	
17	Mon	1:55	5.1	2:16	5.5	8:15	0.8	8:59	0.2	6:44	4:36	
18	Tue	2:54	5.3	3:15	5.5	9:23	0.7	9:55	0.0	6:45	4:35	
19	Wed	3:51	5.6	4:12	5.5	10:23	0.4	10:44	-0.2	6:46	4:34	
20	Thu	4:44	5.9	5:07	5.5	11:16	0.2	11:29	-0.3	6:47	4:34	
21	Fri	5:33	6.2	5:58	5.5			12:04	0.0	6:48	4:33	
22	Sat	6:19	6.3	6:45	5.5	12:13	-0.3	12:50	-0.1	6:49	4:33	
23	Sun	7:01	6.3	7:29	5.4	12:55	-0.2	1:34	-0.2	6:51	4:32	
24	Mon	7:41	6.3	8:10	5.3	1:36	-0.1	2:16	-0.1	6:52	4:31	
25	Tue	8:20	6.1	8:51	5.1	2:17	0.1	2:58	0.1	6:53	4:31	
26	Wed	8:58	5.8	9:32	4.8	2:57	0.3	3:39	0.3	6:54	4:30	
27	Thu	9:36	5.5	10:14	4.6	3:36	0.5	4:19	0.5	6:55	4:30	
28	Fri	10:15	5.3	11:01	4.3	4:14	0.7	4:59	0.7	6:56	4:30	
29	Sat	10:57	5.0	11:51	4.2	4:53	1.0	5:42	0.9	6:57	4:29	
30	Sun	11:44	4.9			5:36	1.2	6:30	1.0	6:58	4:29	