

Rockaway Beach (inside), NY - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:44	4.2	12:36	4.7	6:28	1.4	7:24	1.0	6:59	4:29	
2	Tue	1:36	4.3	1:31	4.7	7:33	1.4	8:22	0.9	7:00	4:28	
3	Wed	2:27	4.6	2:28	4.7	8:42	1.3	9:17	0.7	7:01	4:28	
4	Thu	3:17	4.9	3:26	4.7	9:45	0.9	10:08	0.5	7:02	4:28	
5	Fri	4:08	5.3	4:24	4.8	10:42	0.5	10:57	0.3	7:03	4:28	
6	Sat	4:59	5.7	5:21	5.0	11:35	0.1	11:44	0.0	7:04	4:28	
7	Sun	5:49	6.1	6:15	5.2			12:26	-0.2	7:05	4:28	
8	Mon	6:39	6.5	7:06	5.3	12:33	-0.2	1:18	-0.5	7:06	4:28	
9	Tue	7:28	6.7	7:55	5.4	1:22	-0.3	2:10	-0.6	7:07	4:28	
10	Wed	8:17	6.7	8:45	5.4	2:13	-0.4	3:01	-0.7	7:08	4:28	
11	Thu	9:08	6.7	9:38	5.4	3:04	-0.5	3:52	-0.6	7:08	4:28	
12	Fri	10:01	6.4	10:34	5.3	3:55	-0.4	4:43	-0.5	7:09	4:28	
13	Sat	10:57	6.1	11:33	5.2	4:48	-0.2	5:35	-0.4	7:10	4:28	
14	Sun	11:55	5.8			5:44	0.1	6:29	-0.2	7:11	4:28	
15	Mon	12:32	5.2	12:53	5.5	6:44	0.4	7:25	-0.1	7:11	4:29	
16	Tue	1:30	5.3	1:50	5.2	7:50	0.6	8:23	0.0	7:12	4:29	
17	Wed	2:26	5.4	2:47	5.0	8:57	0.6	9:18	0.0	7:13	4:29	
18	Thu	3:20	5.5	3:44	4.9	9:58	0.4	10:10	0.0	7:13	4:30	
19	Fri	4:13	5.6	4:40	4.8	10:53	0.3	10:59	0.0	7:14	4:30	
20	Sat	5:04	5.7	5:34	4.9	11:42	0.1	11:45	0.0	7:14	4:31	
21	Sun	5:52	5.8	6:23	4.9			12:29	0.0	7:15	4:31	
22	Mon	6:38	5.8	7:09	4.9	12:29	0.0	1:13	-0.1	7:15	4:32	
23	Tue	7:20	5.8	7:51	4.9	1:13	0.0	1:57	0.0	7:16	4:32	
24	Wed	8:00	5.7	8:32	4.8	1:55	0.1	2:39	0.0	7:16	4:33	
25	Thu	8:38	5.6	9:11	4.7	2:36	0.2	3:19	0.1	7:17	4:33	
26	Fri	9:14	5.5	9:51	4.6	3:15	0.3	3:57	0.2	7:17	4:34	
27	Sat	9:48	5.3	10:32	4.4	3:53	0.5	4:34	0.3	7:17	4:35	
28	Sun	10:24	5.1	11:14	4.4	4:29	0.7	5:10	0.4	7:18	4:35	
29	Mon	11:02	4.9	11:58	4.4	5:07	0.8	5:46	0.5	7:18	4:36	
30	Tue	11:48	4.7			5:49	1.0	6:25	0.6	7:18	4:37	
31	Wed	12:45	4.5	12:42	4.6	6:43	1.0	7:14	0.7	7:18	4:38	