

Rockaway Beach (inside), NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:34	4.7	1:43	4.4	7:54	1.0	8:15	0.7	7:18	4:38	
2	Fri	2:27	5.0	2:45	4.4	9:06	0.8	9:19	0.6	7:19	4:39	
3	Sat	3:23	5.3	3:50	4.4	10:11	0.5	10:20	0.4	7:19	4:40	
4	Sun	4:23	5.6	4:54	4.6	11:11	0.1	11:17	0.1	7:19	4:41	
5	Mon	5:23	6.0	5:54	4.9			12:07	-0.3	7:19	4:42	
6	Tue	6:20	6.4	6:49	5.2	12:11	-0.3	1:01	-0.6	7:19	4:43	
7	Wed	7:13	6.7	7:41	5.5	1:05	-0.6	1:54	-0.9	7:18	4:44	
8	Thu	8:05	6.8	8:32	5.7	1:58	-0.8	2:45	-1.1	7:18	4:45	
9	Fri	8:54	6.8	9:23	5.8	2:50	-0.9	3:34	-1.1	7:18	4:46	
10	Sat	9:44	6.6	10:15	5.8	3:41	-0.8	4:21	-1.1	7:18	4:47	
11	Sun	10:35	6.2	11:08	5.7	4:31	-0.6	5:07	-0.9	7:18	4:48	
12	Mon	11:28	5.8			5:22	-0.3	5:53	-0.6	7:17	4:49	
13	Tue	12:01	5.6	12:21	5.3	6:16	0.1	6:42	-0.3	7:17	4:50	
14	Wed	12:54	5.5	1:16	4.9	7:15	0.4	7:36	0.1	7:17	4:51	
15	Thu	1:46	5.3	2:12	4.6	8:18	0.6	8:33	0.3	7:16	4:52	
16	Fri	2:40	5.2	3:10	4.4	9:23	0.6	9:31	0.4	7:16	4:53	
17	Sat	3:34	5.1	4:08	4.4	10:23	0.6	10:26	0.4	7:16	4:54	
18	Sun	4:30	5.1	5:06	4.4	11:17	0.4	11:17	0.4	7:15	4:55	
19	Mon	5:25	5.2	6:00	4.5			12:06	0.3	7:15	4:57	
20	Tue	6:16	5.3	6:48	4.7	12:05	0.3	12:52	0.2	7:14	4:58	
21	Wed	7:01	5.4	7:32	4.8	12:51	0.2	1:36	0.0	7:13	4:59	
22	Thu	7:41	5.5	8:12	4.9	1:35	0.1	2:18	0.0	7:13	5:00	
23	Fri	8:18	5.5	8:50	4.9	2:17	0.1	2:56	-0.1	7:12	5:01	
24	Sat	8:52	5.4	9:26	4.9	2:56	0.2	3:32	-0.1	7:11	5:03	
25	Sun	9:24	5.3	10:01	4.8	3:34	0.3	4:05	0.0	7:11	5:04	
26	Mon	9:56	5.1	10:36	4.8	4:09	0.4	4:36	0.1	7:10	5:05	
27	Tue	10:32	4.9	11:13	4.9	4:45	0.5	5:06	0.3	7:09	5:06	
28	Wed	11:14	4.7	11:56	4.9	5:23	0.6	5:36	0.4	7:08	5:07	
29	Thu			12:06	4.5	6:08	0.7	6:14	0.6	7:07	5:09	
30	Fri	12:46	5.0	1:06	4.4	7:10	0.8	7:13	0.7	7:06	5:10	
31	Sat	1:44	5.1	2:12	4.3	8:28	0.7	8:34	0.7	7:06	5:11	