

Rockaway Beach (inside), NY - Apr 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:15	5.7	3:54	5.1	10:08	0.3	10:23	0.5	5:39	6:19	
2	Thu	4:20	5.8	4:56	5.6	11:04	-0.1	11:23	0.1	5:37	6:20	
3	Fri	5:21	6.0	5:53	6.1	11:55	-0.4			5:35	6:21	
4	Sat	6:17	6.2	6:44	6.5	12:18	-0.2	12:43	-0.7	5:34	6:22	
5	Sun	7:07	6.3	7:30	6.8	1:09	-0.5	1:29	-0.8	5:32	6:23	
6	Mon	7:54	6.2	8:14	6.9	1:58	-0.6	2:13	-0.7	5:30	6:24	
7	Tue	8:40	6.0	8:56	6.7	2:45	-0.6	2:56	-0.5	5:29	6:25	
8	Wed	9:25	5.8	9:38	6.4	3:30	-0.4	3:37	-0.2	5:27	6:26	
9	Thu	10:11	5.4	10:21	6.1	4:13	-0.2	4:18	0.2	5:26	6:27	
10	Fri	10:59	5.0	11:07	5.7	4:56	0.2	4:59	0.6	5:24	6:28	
11	Sat	11:49	4.7	11:56	5.3	5:40	0.6	5:42	1.0	5:22	6:29	
12	Sun			12:43	4.5	6:30	1.0	6:33	1.3	5:21	6:30	
13	Mon	12:50	5.0	1:39	4.4	7:29	1.2	7:34	1.5	5:19	6:31	
14	Tue	1:46	4.8	2:35	4.4	8:34	1.3	8:42	1.5	5:18	6:32	
15	Wed	2:42	4.8	3:32	4.6	9:34	1.1	9:45	1.4	5:16	6:33	
16	Thu	3:38	4.8	4:26	4.9	10:26	0.9	10:41	1.2	5:15	6:35	
17	Fri	4:33	4.9	5:16	5.2	11:12	0.6	11:30	0.9	5:13	6:36	
18	Sat	5:24	5.1	6:00	5.6	11:55	0.4			5:12	6:37	
19	Sun	6:11	5.2	6:41	5.9	12:17	0.6	12:35	0.3	5:10	6:38	
20	Mon	6:54	5.3	7:18	6.1	1:02	0.3	1:15	0.2	5:09	6:39	
21	Tue	7:35	5.4	7:54	6.3	1:46	0.1	1:55	0.2	5:07	6:40	
22	Wed	8:15	5.4	8:32	6.4	2:29	-0.1	2:34	0.3	5:06	6:41	
23	Thu	8:57	5.3	9:11	6.4	3:13	-0.1	3:14	0.4	5:04	6:42	
24	Fri	9:41	5.2	9:56	6.3	3:57	-0.1	3:55	0.5	5:03	6:43	
25	Sat	10:30	5.1	10:48	6.2	4:43	0.1	4:39	0.6	5:02	6:44	
26	Sun			12:27	4.9	6:33	0.3	6:31	0.7	6:00	7:45	
27	Mon	12:47	6.0	1:29	4.9	7:31	0.5	7:33	0.9	5:59	7:46	
28	Tue	1:50	5.8	2:32	5.0	8:35	0.5	8:46	1.0	5:58	7:47	
29	Wed	2:53	5.8	3:34	5.3	9:40	0.4	9:59	0.8	5:56	7:48	
30	Thu	3:55	5.7	4:35	5.6	10:41	0.2	11:05	0.6	5:55	7:49	