

Rockaway Beach (inside), NY - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:25	5.4	6:49	6.5	12:36	0.3	12:42	0.0	5:26	8:19	
2	Tue	7:19	5.4	7:37	6.5	1:27	0.1	1:29	0.1	5:26	8:20	
3	Wed	8:09	5.3	8:22	6.4	2:15	0.1	2:15	0.3	5:25	8:20	
4	Thu	8:56	5.3	9:05	6.3	3:03	0.1	3:01	0.4	5:25	8:21	
5	Fri	9:41	5.2	9:47	6.1	3:48	0.2	3:45	0.6	5:25	8:22	
6	Sat	10:25	5.0	10:29	5.9	4:31	0.3	4:27	0.7	5:24	8:22	
7	Sun	11:11	4.9	11:10	5.6	5:13	0.5	5:09	0.9	5:24	8:23	
8	Mon	11:58	4.8	11:52	5.4	5:54	0.6	5:50	1.1	5:24	8:24	
9	Tue			12:46	4.7	6:34	0.7	6:33	1.3	5:24	8:24	
10	Wed	12:36	5.2	1:33	4.7	7:15	0.8	7:21	1.5	5:23	8:25	
11	Thu	1:22	5.0	2:20	4.9	8:00	0.9	8:16	1.6	5:23	8:25	
12	Fri	2:11	4.9	3:05	5.0	8:49	0.9	9:17	1.5	5:23	8:26	
13	Sat	3:01	4.8	3:51	5.3	9:41	0.9	10:19	1.3	5:23	8:26	
14	Sun	3:56	4.7	4:39	5.5	10:33	0.9	11:17	1.0	5:23	8:27	
15	Mon	4:53	4.7	5:29	5.8	11:24	0.8			5:23	8:27	
16	Tue	5:52	4.8	6:21	6.1	12:11	0.7	12:14	0.7	5:23	8:27	
17	Wed	6:49	5.0	7:13	6.4	1:04	0.4	1:04	0.5	5:23	8:28	
18	Thu	7:43	5.1	8:03	6.7	1:57	0.1	1:56	0.3	5:23	8:28	
19	Fri	8:35	5.3	8:54	6.9	2:49	-0.1	2:48	0.2	5:24	8:28	
20	Sat	9:26	5.4	9:44	6.9	3:41	-0.3	3:41	0.1	5:24	8:29	
21	Sun	10:17	5.6	10:35	6.8	4:32	-0.4	4:33	0.1	5:24	8:29	
22	Mon	11:11	5.6	11:28	6.6	5:21	-0.5	5:25	0.1	5:24	8:29	
23	Tue			12:07	5.7	6:09	-0.4	6:18	0.3	5:24	8:29	
24	Wed	12:23	6.4	1:03	5.8	6:58	-0.3	7:14	0.5	5:25	8:29	
25	Thu	1:19	6.0	1:58	6.0	7:48	-0.2	8:15	0.7	5:25	8:30	
26	Fri	2:14	5.7	2:51	6.1	8:42	0.0	9:18	0.8	5:25	8:30	
27	Sat	3:09	5.5	3:44	6.1	9:37	0.1	10:21	0.8	5:26	8:30	
28	Sun	4:05	5.2	4:36	6.1	10:31	0.3	11:20	0.7	5:26	8:30	
29	Mon	5:03	5.1	5:29	6.1	11:24	0.4			5:27	8:30	
30	Tue	6:00	5.0	6:22	6.1	12:15	0.6	12:14	0.4	5:27	8:30	