

Rockaway Beach (inside), NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:56	5.0	7:13	6.1	1:06	0.5	1:03	0.5	5:28	8:30	
2	Thu	7:47	5.1	8:00	6.1	1:55	0.4	1:51	0.5	5:28	8:29	
3	Fri	8:35	5.1	8:44	6.1	2:42	0.4	2:37	0.6	5:29	8:29	
4	Sat	9:20	5.1	9:26	6.0	3:27	0.4	3:22	0.7	5:29	8:29	
5	Sun	10:03	5.0	10:05	5.8	4:09	0.4	4:05	0.8	5:30	8:29	
6	Mon	10:45	5.0	10:42	5.7	4:49	0.4	4:45	0.9	5:30	8:29	
7	Tue	11:28	5.0	11:19	5.4	5:26	0.5	5:25	1.1	5:31	8:28	
8	Wed			12:10	4.9	6:01	0.5	6:05	1.2	5:32	8:28	
9	Thu			12:52	5.0	6:36	0.7	6:46	1.3	5:32	8:28	
10	Fri	12:39	5.1	1:34	5.1	7:11	0.8	7:33	1.4	5:33	8:27	
11	Sat	1:25	4.9	2:17	5.2	7:51	0.9	8:30	1.4	5:34	8:27	
12	Sun	2:18	4.8	3:03	5.4	8:40	1.0	9:36	1.3	5:34	8:26	
13	Mon	3:14	4.7	3:54	5.6	9:40	1.0	10:41	1.1	5:35	8:26	
14	Tue	4:15	4.6	4:50	5.9	10:42	0.9	11:42	0.8	5:36	8:25	
15	Wed	5:19	4.7	5:50	6.2	11:42	0.7			5:37	8:25	
16	Thu	6:22	4.9	6:49	6.5	12:40	0.4	12:39	0.5	5:37	8:24	
17	Fri	7:21	5.2	7:45	6.8	1:36	0.1	1:35	0.2	5:38	8:24	
18	Sat	8:16	5.5	8:38	7.0	2:30	-0.2	2:30	0.0	5:39	8:23	
19	Sun	9:09	5.8	9:29	7.1	3:22	-0.5	3:25	-0.2	5:40	8:22	
20	Mon	10:01	6.0	10:19	7.0	4:12	-0.7	4:18	-0.2	5:41	8:21	
21	Tue	10:52	6.2	11:10	6.7	4:59	-0.7	5:10	-0.1	5:41	8:21	
22	Wed	11:45	6.3			5:45	-0.7	6:01	0.1	5:42	8:20	
23	Thu	12:02	6.4	12:38	6.3	6:30	-0.5	6:54	0.3	5:43	8:19	
24	Fri	12:55	6.0	1:30	6.2	7:18	-0.2	7:51	0.6	5:44	8:18	
25	Sat	1:50	5.6	2:22	6.1	8:08	0.1	8:52	0.8	5:45	8:17	
26	Sun	2:45	5.2	3:14	6.0	9:03	0.4	9:55	0.9	5:46	8:17	
27	Mon	3:41	5.0	4:08	5.9	10:00	0.7	10:57	0.9	5:47	8:16	
28	Tue	4:39	4.8	5:03	5.8	10:57	0.8	11:53	0.9	5:48	8:15	
29	Wed	5:37	4.8	5:58	5.8	11:50	0.8			5:49	8:14	
30	Thu	6:34	4.9	6:51	5.9	12:45	0.7	12:41	0.7	5:50	8:13	
31	Fri	7:26	5.0	7:40	5.9	1:34	0.6	1:29	0.7	5:51	8:12	