

Rockaway Beach (inside), NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:14	5.1	8:23	6.0	2:19	0.5	2:15	0.7	5:51	8:11	
2	Sun	8:57	5.2	9:02	6.0	3:02	0.4	2:59	0.7	5:52	8:10	
3	Mon	9:38	5.3	9:38	5.9	3:42	0.3	3:41	0.7	5:53	8:08	
4	Tue	10:16	5.3	10:13	5.7	4:19	0.3	4:21	0.8	5:54	8:07	
5	Wed	10:53	5.3	10:46	5.5	4:53	0.4	4:59	0.9	5:55	8:06	
6	Thu	11:28	5.3	11:20	5.3	5:26	0.5	5:36	1.1	5:56	8:05	
7	Fri			12:04	5.3	5:56	0.6	6:14	1.1	5:57	8:04	
8	Sat			12:44	5.3	6:25	0.8	6:56	1.2	5:58	8:03	
9	Sun	12:46	4.9	1:28	5.4	6:58	1.0	7:49	1.3	5:59	8:01	
10	Mon	1:41	4.7	2:20	5.5	7:44	1.1	8:58	1.3	6:00	8:00	
11	Tue	2:43	4.6	3:19	5.7	8:53	1.2	10:13	1.2	6:01	7:59	
12	Wed	3:48	4.6	4:22	5.9	10:10	1.1	11:20	0.9	6:02	7:57	
13	Thu	4:55	4.8	5:27	6.2	11:19	0.8			6:03	7:56	
14	Fri	6:01	5.0	6:29	6.6	12:20	0.5	12:20	0.4	6:04	7:55	
15	Sat	7:02	5.5	7:27	6.9	1:16	0.1	1:18	0.1	6:05	7:53	
16	Sun	7:58	5.9	8:20	7.1	2:08	-0.3	2:14	-0.2	6:06	7:52	
17	Mon	8:49	6.3	9:10	7.1	2:58	-0.7	3:08	-0.4	6:07	7:51	
18	Tue	9:39	6.6	9:58	7.0	3:45	-0.8	4:00	-0.4	6:08	7:49	
19	Wed	10:28	6.7	10:47	6.7	4:31	-0.9	4:50	-0.3	6:09	7:48	
20	Thu	11:17	6.7	11:37	6.2	5:15	-0.7	5:40	-0.1	6:10	7:46	
21	Fri			12:07	6.5	5:59	-0.4	6:30	0.3	6:11	7:45	
22	Sat	12:30	5.8	12:58	6.3	6:45	0.0	7:23	0.6	6:12	7:43	
23	Sun	1:24	5.4	1:51	6.0	7:34	0.5	8:22	1.0	6:13	7:42	
24	Mon	2:20	5.0	2:44	5.8	8:29	0.8	9:27	1.2	6:14	7:40	
25	Tue	3:17	4.8	3:40	5.6	9:30	1.1	10:32	1.2	6:15	7:39	
26	Wed	4:16	4.7	4:37	5.5	10:31	1.1	11:31	1.1	6:16	7:37	
27	Thu	5:15	4.7	5:34	5.6	11:27	1.1			6:17	7:36	
28	Fri	6:11	4.9	6:28	5.7	12:22	0.9	12:19	0.9	6:18	7:34	
29	Sat	7:03	5.1	7:16	5.8	1:08	0.7	1:06	0.8	6:19	7:33	
30	Sun	7:49	5.4	7:58	5.9	1:51	0.5	1:51	0.7	6:20	7:31	
31	Mon	8:30	5.5	8:35	5.9	2:31	0.3	2:35	0.6	6:21	7:30	