

Rockaway Beach (inside), NY - Nov 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:47	6.2	9:11	5.1	2:50	0.4	3:31	0.2	6:25	4:52	
2	Mon	9:28	6.1	9:56	4.9	3:28	0.5	4:16	0.3	6:26	4:51	
3	Tue	10:16	6.0	10:50	4.8	4:09	0.6	5:05	0.5	6:27	4:50	
4	Wed	11:13	5.8	11:53	4.7	4:56	0.8	6:00	0.7	6:28	4:49	
5	Thu			12:17	5.7	5:55	0.9	7:04	0.7	6:29	4:47	
6	Fri	12:59	4.8	1:23	5.7	7:07	1.0	8:11	0.6	6:31	4:46	
7	Sat	2:03	5.0	2:26	5.7	8:24	0.9	9:13	0.3	6:32	4:45	
8	Sun	3:05	5.4	3:27	5.7	9:34	0.6	10:09	0.0	6:33	4:44	
9	Mon	4:03	5.8	4:26	5.8	10:35	0.3	11:00	-0.3	6:34	4:43	
10	Tue	4:59	6.3	5:23	5.9	11:30	-0.1	11:47	-0.5	6:35	4:42	
11	Wed	5:51	6.6	6:16	5.9			12:22	-0.3	6:36	4:41	
12	Thu	6:39	6.8	7:05	5.9	12:34	-0.6	1:11	-0.5	6:38	4:40	
13	Fri	7:24	6.8	7:52	5.8	1:20	-0.5	1:59	-0.5	6:39	4:39	
14	Sat	8:08	6.7	8:38	5.6	2:05	-0.4	2:45	-0.3	6:40	4:39	
15	Sun	8:51	6.4	9:23	5.3	2:49	-0.1	3:31	-0.1	6:41	4:38	
16	Mon	9:35	6.1	10:10	5.0	3:32	0.2	4:15	0.2	6:42	4:37	
17	Tue	10:21	5.7	11:01	4.7	4:15	0.5	5:00	0.5	6:43	4:36	
18	Wed	11:09	5.3	11:54	4.5	4:58	0.8	5:47	0.8	6:45	4:35	
19	Thu			12:01	5.0	5:45	1.1	6:38	1.0	6:46	4:35	
20	Fri	12:50	4.4	12:55	4.8	6:39	1.3	7:34	1.1	6:47	4:34	
21	Sat	1:44	4.4	1:48	4.7	7:42	1.4	8:31	1.0	6:48	4:33	
22	Sun	2:36	4.6	2:40	4.6	8:47	1.4	9:24	0.9	6:49	4:33	
23	Mon	3:26	4.8	3:33	4.6	9:46	1.2	10:12	0.7	6:50	4:32	
24	Tue	4:15	5.1	4:26	4.7	10:39	0.9	10:56	0.5	6:51	4:32	
25	Wed	5:01	5.4	5:16	4.8	11:27	0.5	11:39	0.3	6:53	4:31	
26	Thu	5:45	5.7	6:04	5.0			12:13	0.2	6:54	4:31	
27	Fri	6:27	5.9	6:49	5.1	12:22	0.2	12:59	0.0	6:55	4:30	
28	Sat	7:08	6.1	7:32	5.1	1:04	0.2	1:45	-0.2	6:56	4:30	
29	Sun	7:49	6.3	8:15	5.1	1:47	0.1	2:32	-0.2	6:57	4:29	
30	Mon	8:32	6.3	9:00	5.1	2:31	0.1	3:19	-0.2	6:58	4:29	