

Rockaway Beach (inside), NY - Jan 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:39	4.8	12:59	4.6	6:52	0.9	7:23	0.5	7:18	4:38	
2	Wed	1:34	5.0	2:01	4.5	8:08	0.8	8:29	0.5	7:19	4:39	
3	Thu	2:32	5.3	3:05	4.6	9:22	0.6	9:35	0.3	7:19	4:40	
4	Fri	3:33	5.6	4:11	4.7	10:27	0.2	10:36	0.0	7:19	4:41	
5	Sat	4:36	5.9	5:14	5.0	11:27	-0.2	11:33	-0.4	7:19	4:42	
6	Sun	6:36	6.3	7:13	5.3			1:23	-0.6	8:19	5:43	
7	Mon	7:33	6.6	8:07	5.7	1:28	-0.7	2:16	-0.9	8:18	5:44	
8	Tue	8:26	6.8	8:59	5.9	2:22	-1.0	3:08	-1.1	8:18	5:45	
9	Wed	9:16	6.9	9:49	6.1	3:15	-1.1	3:58	-1.2	8:18	5:46	
10	Thu	10:06	6.7	10:40	6.1	4:06	-1.1	4:45	-1.2	8:18	5:47	
11	Fri	10:55	6.4	11:31	6.0	4:56	-1.0	5:32	-1.1	8:18	5:48	
12	Sat	11:45	6.0			5:45	-0.7	6:17	-0.8	8:17	5:49	
13	Sun	12:23	5.8	12:37	5.6	6:35	-0.3	7:04	-0.4	8:17	5:50	
14	Mon	1:15	5.6	1:31	5.2	7:28	0.1	7:54	0.0	8:17	5:51	
15	Tue	2:07	5.4	2:25	4.8	8:25	0.4	8:49	0.3	8:16	5:52	
16	Wed	3:00	5.2	3:20	4.5	9:28	0.6	9:47	0.5	8:16	5:53	
17	Thu	3:54	5.1	4:17	4.4	10:30	0.6	10:44	0.5	8:16	5:54	
18	Fri	4:49	5.1	5:15	4.4	11:27	0.5	11:38	0.5	8:15	5:55	
19	Sat	5:44	5.2	6:11	4.5			12:19	0.4	8:14	5:57	
20	Sun	6:37	5.3	7:02	4.6	12:28	0.3	1:07	0.2	8:14	5:58	
21	Mon	7:25	5.4	7:49	4.8	1:14	0.2	1:52	0.0	8:13	5:59	
22	Tue	8:08	5.5	8:31	5.0	1:59	0.1	2:35	-0.2	8:13	6:00	
23	Wed	8:47	5.6	9:10	5.0	2:42	0.1	3:16	-0.3	8:12	6:01	
24	Thu	9:22	5.6	9:46	5.1	3:23	0.1	3:55	-0.3	8:11	6:03	
25	Fri	9:56	5.5	10:20	5.1	4:01	0.1	4:31	-0.3	8:11	6:04	
26	Sat	10:29	5.4	10:54	5.1	4:38	0.2	5:05	-0.2	8:10	6:05	
27	Sun	11:04	5.2	11:30	5.1	5:13	0.3	5:38	0.0	8:09	6:06	
28	Mon	11:44	5.0			5:49	0.4	6:11	0.1	8:08	6:07	
29	Tue	12:12	5.1	12:32	4.8	6:30	0.5	6:49	0.3	8:07	6:09	
30	Wed	1:01	5.2	1:29	4.6	7:21	0.6	7:39	0.4	8:06	6:10	
31	Thu	1:58	5.3	2:33	4.5	8:33	0.7	8:48	0.5	8:06	6:11	