

Rockaway Beach (inside), NY - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:33	5.6	2:16	4.6	8:14	0.6	8:25	0.6	7:29	6:46	
2	Sat	2:38	5.5	3:22	4.7	9:32	0.6	9:43	0.5	7:27	6:47	
3	Sun	3:45	5.6	4:29	4.9	10:45	0.4	10:55	0.3	7:26	6:48	
4	Mon	4:52	5.7	5:35	5.2	11:48	0.1	11:58	-0.1	7:24	6:49	
5	Tue	5:57	6.0	6:36	5.7			12:44	-0.4	7:23	6:50	
6	Wed	6:57	6.2	7:31	6.1	12:56	-0.4	1:35	-0.7	7:21	6:51	
7	Thu	7:50	6.4	8:21	6.5	1:50	-0.7	2:24	-1.0	7:19	6:52	
8	Fri	8:39	6.5	9:08	6.7	2:41	-0.9	3:10	-1.0	7:18	6:53	
9	Sat	9:25	6.4	9:52	6.7	3:29	-0.9	3:53	-0.9	7:16	6:55	
10	Sun	10:10	6.2	10:36	6.5	4:16	-0.8	4:35	-0.7	7:15	6:56	
11	Mon	10:55	5.8	11:20	6.2	5:00	-0.6	5:16	-0.4	7:13	6:57	
12	Tue	11:41	5.4			5:43	-0.3	5:56	0.0	7:11	6:58	
13	Wed	12:05	5.8	12:30	5.0	6:27	0.1	6:37	0.5	7:10	6:59	
14	Thu	12:53	5.5	1:20	4.7	7:13	0.5	7:23	0.8	7:08	7:00	
15	Fri	1:43	5.1	2:14	4.5	8:07	0.9	8:18	1.1	7:06	7:01	
16	Sat	2:37	4.9	3:09	4.3	9:09	1.1	9:24	1.3	7:05	7:02	
17	Sun	3:33	4.8	4:07	4.4	10:13	1.1	10:29	1.2	7:03	7:03	
18	Mon	4:30	4.8	5:05	4.5	11:11	0.9	11:27	1.1	7:02	7:04	
19	Tue	5:27	4.9	6:00	4.8			12:03	0.6	7:00	7:05	
20	Wed	6:20	5.1	6:49	5.1	12:19	0.8	12:49	0.3	6:58	7:06	
21	Thu	7:08	5.3	7:33	5.5	1:07	0.5	1:32	0.1	6:57	7:07	
22	Fri	7:51	5.5	8:12	5.8	1:52	0.3	2:14	-0.1	6:55	7:09	
23	Sat	8:31	5.6	8:49	6.0	2:35	0.1	2:54	-0.2	6:53	7:10	
24	Sun	9:10	5.6	9:24	6.2	3:18	-0.1	3:33	-0.2	6:52	7:11	
25	Mon	9:48	5.6	10:01	6.2	3:59	-0.2	4:11	-0.1	6:50	7:12	
26	Tue	10:29	5.5	10:41	6.3	4:41	-0.2	4:49	0.0	6:48	7:13	
27	Wed	11:14	5.3	11:26	6.2	5:23	-0.1	5:29	0.1	6:47	7:14	
28	Thu			12:05	5.1	6:09	0.1	6:13	0.3	6:45	7:15	
29	Fri	12:19	6.0	1:03	5.0	7:01	0.3	7:07	0.5	6:43	7:16	
30	Sat	1:19	5.9	2:06	4.9	8:04	0.5	8:14	0.7	6:42	7:17	
31	Sun	2:23	5.7	3:10	5.0	9:15	0.6	9:28	0.7	6:40	7:18	