

Rockaway Beach (inside), NY - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:10	5.0	6:38	6.1	12:23	0.5	12:28	0.5	5:28	8:30	
2	Tue	7:03	5.0	7:26	6.1	1:12	0.4	1:15	0.5	5:28	8:29	
3	Wed	7:53	5.1	8:12	6.1	1:59	0.3	2:01	0.6	5:29	8:29	
4	Thu	8:38	5.2	8:54	6.1	2:44	0.3	2:46	0.6	5:29	8:29	
5	Fri	9:21	5.2	9:33	6.0	3:28	0.2	3:29	0.7	5:30	8:29	
6	Sat	10:02	5.2	10:10	5.8	4:09	0.2	4:11	0.8	5:30	8:29	
7	Sun	10:41	5.1	10:46	5.6	4:47	0.2	4:50	0.9	5:31	8:28	
8	Mon	11:21	5.1	11:22	5.4	5:24	0.3	5:28	1.1	5:32	8:28	
9	Tue			12:00	5.1	5:59	0.4	6:06	1.2	5:32	8:28	
10	Wed	12:01	5.3	12:41	5.2	6:34	0.5	6:46	1.3	5:33	8:27	
11	Thu	12:45	5.1	1:25	5.3	7:12	0.7	7:35	1.3	5:34	8:27	
12	Fri	1:36	5.0	2:12	5.5	7:56	0.8	8:38	1.3	5:34	8:26	
13	Sat	2:31	4.9	3:04	5.7	8:52	0.8	9:48	1.2	5:35	8:26	
14	Sun	3:31	4.8	4:00	5.9	9:56	0.8	10:55	0.9	5:36	8:25	
15	Mon	4:34	4.9	5:00	6.2	10:59	0.6	11:57	0.5	5:37	8:25	
16	Tue	5:39	5.1	6:02	6.5	11:58	0.3			5:37	8:24	
17	Wed	6:41	5.3	7:01	6.8	12:54	0.2	12:56	0.0	5:38	8:24	
18	Thu	7:39	5.7	7:57	7.1	1:50	-0.2	1:52	-0.2	5:39	8:23	
19	Fri	8:33	6.0	8:49	7.2	2:43	-0.5	2:47	-0.4	5:40	8:22	
20	Sat	9:26	6.3	9:40	7.2	3:34	-0.7	3:41	-0.5	5:41	8:21	
21	Sun	10:17	6.4	10:30	7.0	4:23	-0.9	4:33	-0.5	5:42	8:21	
22	Mon	11:09	6.5	11:21	6.6	5:10	-0.8	5:25	-0.3	5:42	8:20	
23	Tue			12:01	6.5	5:56	-0.7	6:16	0.0	5:43	8:19	
24	Wed	12:14	6.2	12:54	6.3	6:43	-0.4	7:08	0.3	5:44	8:18	
25	Thu	1:07	5.8	1:46	6.2	7:31	0.0	8:04	0.6	5:45	8:17	
26	Fri	2:01	5.5	2:38	6.0	8:23	0.3	9:04	0.8	5:46	8:17	
27	Sat	2:56	5.2	3:31	5.9	9:19	0.6	10:06	0.9	5:47	8:16	
28	Sun	3:51	5.0	4:24	5.8	10:16	0.8	11:04	0.9	5:48	8:15	
29	Mon	4:47	4.8	5:18	5.8	11:11	0.8	11:58	0.8	5:49	8:14	
30	Tue	5:44	4.9	6:12	5.8			12:02	0.8	5:50	8:13	
31	Wed	6:39	5.0	7:02	5.9	12:47	0.6	12:51	0.7	5:51	8:12	