

Rockaway Beach (inside), NY - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:10	6.4	10:49	5.8	4:12	-0.8	4:50	-0.9	7:18	4:38	
2	Thu	11:03	6.0	11:44	5.7	5:03	-0.5	5:39	-0.7	7:19	4:39	
3	Fri	11:59	5.7			5:58	-0.2	6:30	-0.4	7:19	4:40	
4	Sat	12:40	5.7	12:57	5.3	6:57	0.1	7:27	-0.2	7:19	4:41	
5	Sun	1:37	5.6	1:55	5.0	8:01	0.3	8:28	0.0	7:19	4:42	
6	Mon	2:33	5.5	2:54	4.8	9:07	0.3	9:28	0.1	7:19	4:43	
7	Tue	3:30	5.5	3:54	4.8	10:09	0.2	10:25	0.1	7:18	4:44	
8	Wed	4:27	5.5	4:53	4.8	11:04	0.1	11:17	0.0	7:18	4:44	
9	Thu	5:22	5.6	5:48	4.9	11:55	-0.1			7:18	4:45	
10	Fri	6:13	5.7	6:37	5.0	12:05	-0.1	12:43	-0.2	7:18	4:46	
11	Sat	6:59	5.8	7:23	5.1	12:51	-0.1	1:28	-0.3	7:18	4:48	
12	Sun	7:42	5.8	8:05	5.2	1:35	-0.1	2:10	-0.4	7:18	4:49	
13	Mon	8:21	5.8	8:44	5.1	2:17	-0.1	2:51	-0.4	7:17	4:50	
14	Tue	8:59	5.6	9:23	5.1	2:57	0.0	3:29	-0.3	7:17	4:51	
15	Wed	9:35	5.4	10:00	5.0	3:36	0.1	4:05	-0.2	7:16	4:52	
16	Thu	10:10	5.1	10:37	4.9	4:13	0.3	4:40	0.0	7:16	4:53	
17	Fri	10:47	4.9	11:16	4.8	4:49	0.5	5:14	0.2	7:16	4:54	
18	Sat	11:27	4.7	11:58	4.8	5:26	0.7	5:49	0.4	7:15	4:55	
19	Sun			12:15	4.5	6:08	0.8	6:31	0.6	7:15	4:56	
20	Mon	12:45	4.8	1:10	4.3	7:05	0.9	7:26	0.7	7:14	4:58	
21	Tue	1:37	4.9	2:10	4.3	8:18	0.9	8:34	0.7	7:13	4:59	
22	Wed	2:35	5.1	3:13	4.3	9:30	0.7	9:40	0.5	7:13	5:00	
23	Thu	3:36	5.3	4:17	4.5	10:34	0.4	10:41	0.1	7:12	5:01	
24	Fri	4:39	5.7	5:19	4.9	11:32	0.0	11:37	-0.3	7:11	5:02	
25	Sat	5:39	6.1	6:16	5.3			12:26	-0.5	7:11	5:03	
26	Sun	6:34	6.4	7:08	5.7	12:31	-0.6	1:17	-0.8	7:10	5:05	
27	Mon	7:26	6.7	7:58	6.1	1:24	-1.0	2:07	-1.1	7:09	5:06	
28	Tue	8:15	6.8	8:47	6.3	2:16	-1.1	2:55	-1.3	7:08	5:07	
29	Wed	9:04	6.7	9:37	6.3	3:07	-1.2	3:41	-1.3	7:08	5:08	
30	Thu	9:53	6.4	10:27	6.3	3:57	-1.1	4:27	-1.2	7:07	5:10	
31	Fri	10:44	6.0	11:19	6.1	4:46	-0.8	5:13	-0.9	7:06	5:11	