

Rockaway Beach (inside), NY - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:23	6.0	11:52	6.4	5:27	-0.9	5:47	-0.7	7:29	6:45	
2	Sun			12:15	5.6	6:16	-0.5	6:33	-0.3	7:28	6:47	
3	Mon	12:44	6.0	1:09	5.2	7:06	-0.1	7:23	0.2	7:26	6:48	
4	Tue	1:37	5.6	2:05	4.9	8:02	0.4	8:19	0.6	7:24	6:49	
5	Wed	2:33	5.3	3:02	4.6	9:05	0.6	9:22	0.9	7:23	6:50	
6	Thu	3:30	5.1	4:00	4.6	10:10	0.7	10:26	0.9	7:21	6:51	
7	Fri	4:28	5.0	4:59	4.6	11:09	0.7	11:24	0.8	7:20	6:52	
8	Sat	5:26	5.1	5:56	4.8			12:02	0.5	7:18	6:53	
9	Sun	6:20	5.2	6:48	5.1	12:16	0.6	12:48	0.3	7:17	6:54	
10	Mon	7:09	5.4	7:33	5.4	1:04	0.4	1:32	0.0	7:15	6:55	
11	Tue	7:53	5.5	8:14	5.6	1:49	0.2	2:13	-0.1	7:13	6:57	
12	Wed	8:32	5.5	8:51	5.7	2:31	0.1	2:52	-0.2	7:12	6:58	
13	Thu	9:09	5.5	9:26	5.8	3:12	0.0	3:30	-0.2	7:10	6:59	
14	Fri	9:44	5.4	9:58	5.8	3:51	0.0	4:05	-0.1	7:09	7:00	
15	Sat	10:18	5.3	10:29	5.7	4:28	0.1	4:39	0.1	7:07	7:01	
16	Sun	10:53	5.1	11:02	5.7	5:03	0.2	5:12	0.3	7:05	7:02	
17	Mon	11:31	5.0	11:40	5.6	5:39	0.3	5:44	0.5	7:04	7:03	
18	Tue			12:18	4.8	6:18	0.5	6:21	0.6	7:02	7:04	
19	Wed	12:29	5.6	1:14	4.7	7:06	0.6	7:10	0.8	7:00	7:05	
20	Thu	1:27	5.5	2:17	4.6	8:12	0.8	8:20	0.8	6:59	7:06	
21	Fri	2:32	5.5	3:22	4.8	9:29	0.8	9:41	0.8	6:57	7:07	
22	Sat	3:40	5.6	4:27	5.0	10:40	0.5	10:53	0.4	6:55	7:08	
23	Sun	4:47	5.8	5:31	5.5	11:41	0.1	11:56	0.0	6:54	7:09	
24	Mon	5:51	6.0	6:31	6.0			12:36	-0.3	6:52	7:10	
25	Tue	6:51	6.3	7:26	6.5	12:54	-0.4	1:27	-0.7	6:50	7:11	
26	Wed	7:46	6.5	8:16	6.9	1:49	-0.8	2:16	-0.9	6:49	7:12	
27	Thu	8:37	6.5	9:04	7.1	2:41	-1.0	3:04	-1.0	6:47	7:14	
28	Fri	9:25	6.5	9:51	7.1	3:32	-1.0	3:51	-0.9	6:45	7:15	
29	Sat	10:13	6.3	10:38	6.8	4:20	-1.0	4:36	-0.7	6:44	7:16	
30	Sun	11:02	5.9	11:25	6.5	5:07	-0.7	5:21	-0.3	6:42	7:17	
31	Mon	11:52	5.6			5:54	-0.4	6:06	0.1	6:40	7:18	