

Rockaway Beach (inside), NY - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:43	5.1	2:21	5.1	8:06	0.7	8:28	1.5	5:26	8:19	
2	Mon	2:31	5.0	3:09	5.2	8:57	0.8	9:28	1.5	5:26	8:20	
3	Tue	3:21	4.8	3:56	5.3	9:50	0.8	10:27	1.3	5:25	8:20	
4	Wed	4:13	4.8	4:44	5.5	10:41	0.7	11:22	1.1	5:25	8:21	
5	Thu	5:07	4.8	5:33	5.7	11:31	0.6			5:25	8:22	
6	Fri	6:01	4.9	6:21	5.9	12:13	0.8	12:19	0.5	5:24	8:22	
7	Sat	6:53	5.0	7:08	6.2	1:03	0.5	1:06	0.4	5:24	8:23	
8	Sun	7:42	5.2	7:54	6.4	1:52	0.3	1:53	0.3	5:24	8:23	
9	Mon	8:29	5.3	8:38	6.6	2:40	0.1	2:40	0.2	5:24	8:24	
10	Tue	9:15	5.4	9:23	6.7	3:28	-0.1	3:28	0.2	5:24	8:25	
11	Wed	10:02	5.5	10:10	6.7	4:15	-0.2	4:15	0.1	5:23	8:25	
12	Thu	10:51	5.6	10:59	6.6	5:01	-0.3	5:04	0.1	5:23	8:26	
13	Fri	11:44	5.7	11:52	6.4	5:48	-0.3	5:54	0.2	5:23	8:26	
14	Sat			12:39	5.8	6:35	-0.2	6:47	0.4	5:23	8:27	
15	Sun	12:47	6.2	1:35	5.9	7:26	-0.1	7:46	0.5	5:23	8:27	
16	Mon	1:45	5.9	2:30	6.1	8:20	0.0	8:50	0.6	5:23	8:27	
17	Tue	2:42	5.7	3:26	6.2	9:19	0.1	9:56	0.6	5:23	8:28	
18	Wed	3:41	5.5	4:22	6.3	10:17	0.1	10:58	0.4	5:23	8:28	
19	Thu	4:40	5.4	5:18	6.4	11:14	0.1	11:56	0.3	5:24	8:28	
20	Fri	5:40	5.4	6:13	6.5			12:07	0.1	5:24	8:29	
21	Sat	6:39	5.4	7:06	6.5	12:50	0.1	12:59	0.1	5:24	8:29	
22	Sun	7:33	5.5	7:56	6.6	1:42	0.0	1:48	0.1	5:24	8:29	
23	Mon	8:24	5.5	8:43	6.5	2:31	-0.1	2:37	0.2	5:24	8:29	
24	Tue	9:11	5.5	9:27	6.4	3:19	-0.1	3:23	0.3	5:25	8:29	
25	Wed	9:56	5.4	10:10	6.2	4:03	-0.1	4:07	0.5	5:25	8:30	
26	Thu	10:40	5.4	10:52	5.9	4:45	0.0	4:50	0.6	5:25	8:30	
27	Fri	11:25	5.3	11:34	5.6	5:25	0.1	5:31	0.8	5:26	8:30	
28	Sat			12:09	5.2	6:04	0.3	6:12	1.0	5:26	8:30	
29	Sun	12:17	5.4	12:54	5.2	6:42	0.5	6:56	1.2	5:27	8:30	
30	Mon	1:02	5.1	1:39	5.2	7:23	0.6	7:45	1.4	5:27	8:30	