

Rockaway Beach (inside), NY - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:49	4.7	3:14	5.5	9:05	1.1	10:05	1.3	5:51	8:11	
2	Sat	3:47	4.7	4:10	5.7	10:09	1.0	11:08	1.0	5:52	8:10	
3	Sun	4:48	4.8	5:09	6.0	11:10	0.8			5:53	8:09	
4	Mon	5:49	5.0	6:08	6.3	12:06	0.6	12:07	0.5	5:54	8:08	
5	Tue	6:48	5.4	7:04	6.7	1:00	0.2	1:02	0.2	5:55	8:06	
6	Wed	7:42	5.8	7:57	6.9	1:51	-0.1	1:55	-0.1	5:56	8:05	
7	Thu	8:33	6.2	8:47	7.1	2:42	-0.5	2:49	-0.4	5:57	8:04	
8	Fri	9:22	6.5	9:36	7.1	3:30	-0.7	3:41	-0.5	5:58	8:03	
9	Sat	10:12	6.7	10:26	6.9	4:17	-0.8	4:32	-0.5	5:59	8:02	
10	Sun	11:02	6.7	11:17	6.6	5:03	-0.8	5:23	-0.3	6:00	8:00	
11	Mon	11:55	6.7			5:50	-0.6	6:15	-0.1	6:01	7:59	
12	Tue	12:11	6.2	12:49	6.5	6:37	-0.3	7:09	0.2	6:02	7:58	
13	Wed	1:06	5.8	1:44	6.3	7:29	0.1	8:08	0.6	6:03	7:56	
14	Thu	2:04	5.5	2:39	6.1	8:25	0.4	9:11	0.8	6:04	7:55	
15	Fri	3:02	5.2	3:35	6.0	9:27	0.6	10:16	0.8	6:05	7:54	
16	Sat	4:00	5.1	4:32	5.9	10:28	0.7	11:16	0.7	6:06	7:52	
17	Sun	4:59	5.1	5:29	5.9	11:25	0.7			6:07	7:51	
18	Mon	5:57	5.2	6:23	6.0	12:09	0.6	12:17	0.6	6:08	7:50	
19	Tue	6:51	5.3	7:13	6.1	12:58	0.4	1:05	0.5	6:09	7:48	
20	Wed	7:39	5.5	7:58	6.2	1:43	0.2	1:51	0.5	6:10	7:47	
21	Thu	8:23	5.7	8:39	6.1	2:25	0.1	2:35	0.5	6:11	7:45	
22	Fri	9:03	5.8	9:17	6.0	3:05	0.1	3:17	0.5	6:12	7:44	
23	Sat	9:41	5.8	9:54	5.8	3:44	0.1	3:58	0.6	6:13	7:42	
24	Sun	10:17	5.7	10:29	5.6	4:20	0.2	4:36	0.7	6:14	7:41	
25	Mon	10:51	5.7	11:04	5.4	4:55	0.4	5:13	0.9	6:15	7:39	
26	Tue	11:26	5.6	11:42	5.1	5:29	0.6	5:49	1.0	6:16	7:38	
27	Wed			12:03	5.5	6:02	0.8	6:27	1.2	6:17	7:36	
28	Thu	12:25	4.9	12:47	5.5	6:36	1.0	7:14	1.3	6:18	7:35	
29	Fri	1:17	4.8	1:38	5.5	7:20	1.1	8:17	1.4	6:19	7:33	
30	Sat	2:16	4.7	2:36	5.6	8:21	1.2	9:31	1.3	6:20	7:31	
31	Sun	3:18	4.7	3:38	5.8	9:34	1.1	10:40	1.0	6:20	7:30	