

Rockaway Beach (inside), NY - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:04	6.7	6:28	5.8			12:36	-0.6	6:59	4:29	
2	Tue	6:54	6.8	7:19	5.9	12:49	-0.7	1:26	-0.8	7:00	4:29	
3	Wed	7:42	6.8	8:07	5.8	1:37	-0.6	2:15	-0.7	7:01	4:28	
4	Thu	8:29	6.6	8:54	5.6	2:25	-0.5	3:03	-0.6	7:02	4:28	
5	Fri	9:14	6.3	9:41	5.4	3:11	-0.3	3:48	-0.4	7:03	4:28	
6	Sat	10:00	6.0	10:29	5.1	3:55	0.0	4:32	-0.2	7:04	4:28	
7	Sun	10:47	5.6	11:18	4.9	4:39	0.3	5:16	0.1	7:04	4:28	
8	Mon	11:36	5.2			5:23	0.6	6:00	0.3	7:05	4:28	
9	Tue	12:09	4.8	12:26	4.9	6:12	0.9	6:48	0.5	7:06	4:28	
10	Wed	1:00	4.7	1:18	4.7	7:07	1.1	7:40	0.7	7:07	4:28	
11	Thu	1:51	4.7	2:10	4.5	8:09	1.2	8:35	0.7	7:08	4:28	
12	Fri	2:41	4.8	3:03	4.5	9:11	1.1	9:29	0.6	7:09	4:28	
13	Sat	3:31	5.0	3:57	4.5	10:07	0.9	10:20	0.5	7:10	4:28	
14	Sun	4:21	5.2	4:50	4.6	10:59	0.6	11:08	0.3	7:10	4:28	
15	Mon	5:10	5.4	5:41	4.8	11:47	0.3	11:54	0.1	7:11	4:29	
16	Tue	5:56	5.6	6:28	4.9			12:34	0.0	7:12	4:29	
17	Wed	6:40	5.9	7:12	5.1	12:39	0.0	1:20	-0.2	7:12	4:29	
18	Thu	7:22	6.1	7:55	5.2	1:23	-0.1	2:06	-0.3	7:13	4:30	
19	Fri	8:03	6.2	8:37	5.2	2:07	-0.2	2:50	-0.4	7:14	4:30	
20	Sat	8:45	6.3	9:21	5.3	2:52	-0.3	3:34	-0.5	7:14	4:30	
21	Sun	9:30	6.2	10:09	5.3	3:36	-0.3	4:18	-0.4	7:15	4:31	
22	Mon	10:18	6.0	11:01	5.3	4:23	-0.2	5:03	-0.4	7:15	4:31	
23	Tue	11:11	5.8	11:56	5.4	5:13	-0.1	5:51	-0.3	7:16	4:32	
24	Wed			12:09	5.5	6:08	0.1	6:44	-0.1	7:16	4:32	
25	Thu	12:54	5.5	1:09	5.3	7:11	0.3	7:44	0.0	7:17	4:33	
26	Fri	1:52	5.6	2:10	5.1	8:20	0.3	8:47	0.0	7:17	4:34	
27	Sat	2:51	5.7	3:12	5.1	9:28	0.2	9:48	-0.1	7:17	4:34	
28	Sun	3:50	5.9	4:14	5.1	10:30	-0.1	10:46	-0.3	7:18	4:35	
29	Mon	4:48	6.0	5:14	5.2	11:26	-0.3	11:39	-0.4	7:18	4:36	
30	Tue	5:45	6.2	6:11	5.3			12:19	-0.5	7:18	4:36	
31	Wed	6:37	6.3	7:02	5.4	12:30	-0.5	1:09	-0.6	7:18	4:37	