

Rockaway Beach (inside), NY - Feb 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:32	5.9	8:54	5.5	2:30	-0.3	2:59	-0.6	7:05	5:12	●
2	Mon	9:11	5.7	9:33	5.4	3:10	-0.2	3:36	-0.5	7:04	5:13	●
3	Tue	9:49	5.4	10:11	5.3	3:49	-0.1	4:12	-0.3	7:03	5:14	●
4	Wed	10:27	5.1	10:49	5.1	4:27	0.2	4:47	0.0	7:02	5:15	◐
5	Thu	11:07	4.8	11:29	5.0	5:04	0.4	5:22	0.2	7:01	5:17	◐
6	Fri	11:50	4.6			5:43	0.6	6:00	0.5	7:00	5:18	◐
7	Sat	12:11	4.8	12:38	4.4	6:28	0.9	6:44	0.7	6:59	5:19	◐
8	Sun	12:58	4.8	1:31	4.2	7:27	1.0	7:43	0.9	6:58	5:20	◐
9	Mon	1:50	4.8	2:29	4.2	8:38	1.0	8:50	0.9	6:57	5:21	◐
10	Tue	2:48	4.9	3:30	4.3	9:45	0.8	9:54	0.7	6:55	5:23	◐
11	Wed	3:48	5.1	4:31	4.5	10:45	0.5	10:52	0.3	6:54	5:24	◐
12	Thu	4:48	5.4	5:29	4.9	11:39	0.1	11:46	0.0	6:53	5:25	○
13	Fri	5:45	5.8	6:22	5.3			12:30	-0.3	6:52	5:26	○
14	Sat	6:38	6.2	7:11	5.8	12:38	-0.4	1:19	-0.7	6:50	5:28	○
15	Sun	7:27	6.5	7:58	6.1	1:29	-0.8	2:06	-0.9	6:49	5:29	○
16	Mon	8:14	6.6	8:45	6.4	2:19	-1.0	2:51	-1.1	6:48	5:30	○
17	Tue	9:01	6.5	9:32	6.5	3:08	-1.1	3:36	-1.1	6:47	5:31	○
18	Wed	9:50	6.3	10:21	6.4	3:57	-1.0	4:21	-1.0	6:45	5:32	○
19	Thu	10:41	6.0	11:14	6.3	4:46	-0.8	5:08	-0.7	6:44	5:34	○
20	Fri	11:36	5.6			5:37	-0.5	5:57	-0.4	6:43	5:35	○
21	Sat	12:09	6.0	12:33	5.3	6:33	-0.1	6:53	0.0	6:41	5:36	○
22	Sun	1:06	5.7	1:33	5.0	7:36	0.2	7:57	0.3	6:40	5:37	◐
23	Mon	2:05	5.5	2:34	4.8	8:44	0.4	9:04	0.4	6:38	5:38	◐
24	Tue	3:05	5.4	3:36	4.8	9:49	0.3	10:06	0.4	6:37	5:39	◐
25	Wed	4:06	5.4	4:37	4.9	10:47	0.2	11:03	0.3	6:35	5:41	◐
26	Thu	5:04	5.5	5:33	5.1	11:39	0.0	11:54	0.1	6:34	5:42	◐
27	Fri	5:58	5.6	6:24	5.4			12:26	-0.2	6:32	5:43	◐
28	Sat	6:45	5.8	7:08	5.6	12:41	-0.1	1:09	-0.3	6:31	5:44	◐
29	Sun	7:28	5.8	7:49	5.7	1:25	-0.1	1:50	-0.4	6:29	5:45	◐