

Rockaway Beach (inside), NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:04	5.5	2:38	6.2	8:25	0.5	9:15	0.7	6:22	7:27	
2	Thu	3:05	5.3	3:38	6.1	9:31	0.7	10:21	0.7	6:23	7:25	
3	Fri	4:06	5.3	4:37	6.1	10:36	0.7	11:21	0.5	6:24	7:24	
4	Sat	5:07	5.4	5:35	6.1	11:34	0.6			6:25	7:22	
5	Sun	6:05	5.6	6:30	6.2	12:15	0.3	12:27	0.4	6:26	7:21	
6	Mon	6:58	5.8	7:20	6.3	1:03	0.1	1:16	0.3	6:27	7:19	
7	Tue	7:45	6.0	8:05	6.3	1:48	-0.1	2:02	0.2	6:28	7:17	
8	Wed	8:28	6.1	8:47	6.3	2:30	-0.1	2:46	0.2	6:29	7:16	
9	Thu	9:08	6.2	9:26	6.1	3:10	-0.1	3:28	0.3	6:30	7:14	
10	Fri	9:46	6.1	10:04	5.9	3:48	0.0	4:08	0.4	6:31	7:12	
11	Sat	10:23	6.0	10:42	5.6	4:25	0.2	4:47	0.6	6:32	7:11	
12	Sun	10:59	5.8	11:20	5.3	5:00	0.4	5:25	0.8	6:33	7:09	
13	Mon	11:36	5.6			5:35	0.7	6:03	1.0	6:34	7:07	
14	Tue	12:02	5.0	12:16	5.4	6:11	0.9	6:44	1.3	6:35	7:06	
15	Wed	12:48	4.8	1:02	5.3	6:50	1.2	7:35	1.4	6:36	7:04	
16	Thu	1:41	4.6	1:54	5.3	7:39	1.3	8:39	1.5	6:37	7:02	
17	Fri	2:38	4.6	2:51	5.4	8:44	1.4	9:49	1.4	6:38	7:01	
18	Sat	3:37	4.7	3:50	5.5	9:54	1.3	10:51	1.0	6:39	6:59	
19	Sun	4:36	4.9	4:50	5.8	10:57	1.0	11:46	0.6	6:40	6:57	
20	Mon	5:34	5.3	5:49	6.1	11:54	0.6			6:41	6:55	
21	Tue	6:28	5.8	6:44	6.4	12:36	0.2	12:48	0.2	6:42	6:54	
22	Wed	7:20	6.3	7:36	6.7	1:24	-0.2	1:40	-0.2	6:43	6:52	
23	Thu	8:08	6.8	8:25	6.8	2:11	-0.5	2:31	-0.5	6:44	6:50	
24	Fri	8:55	7.1	9:13	6.8	2:58	-0.7	3:22	-0.6	6:45	6:49	
25	Sat	9:43	7.2	10:02	6.6	3:44	-0.7	4:13	-0.6	6:46	6:47	
26	Sun	10:32	7.1	10:53	6.3	4:32	-0.6	5:03	-0.5	6:47	6:45	
27	Mon	11:24	6.9	11:48	6.0	5:19	-0.4	5:55	-0.2	6:48	6:44	
28	Tue			12:19	6.6	6:09	0.0	6:49	0.2	6:49	6:42	
29	Wed	12:47	5.7	1:18	6.3	7:04	0.3	7:49	0.5	6:50	6:40	
30	Thu	1:48	5.4	2:18	6.0	8:04	0.7	8:54	0.7	6:51	6:39	