

Rockaway Beach (inside), NY - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:38	5.2	5:08	4.6	11:15	0.4	11:22	0.2	7:18	4:39	
2	Sun	5:27	5.3	5:58	4.7			12:02	0.2	7:19	4:39	
3	Mon	6:13	5.5	6:44	4.9	12:08	0.0	12:48	0.0	7:19	4:40	
4	Tue	6:55	5.7	7:26	5.0	12:53	-0.1	1:32	-0.2	7:19	4:41	
5	Wed	7:34	5.8	8:06	5.1	1:36	-0.1	2:16	-0.3	7:19	4:42	
6	Thu	8:12	5.9	8:45	5.1	2:18	-0.2	2:57	-0.4	7:19	4:43	
7	Fri	8:50	5.9	9:25	5.2	3:00	-0.2	3:37	-0.4	7:18	4:44	
8	Sat	9:30	5.9	10:07	5.2	3:41	-0.2	4:17	-0.3	7:18	4:45	
9	Sun	10:14	5.7	10:55	5.2	4:23	-0.1	4:57	-0.2	7:18	4:46	
10	Mon	11:04	5.5	11:47	5.3	5:08	0.0	5:40	-0.1	7:18	4:47	
11	Tue			12:00	5.3	6:01	0.2	6:31	0.0	7:18	4:48	
12	Wed	12:44	5.4	1:01	5.1	7:03	0.3	7:32	0.1	7:17	4:49	
13	Thu	1:43	5.5	2:04	5.0	8:14	0.3	8:39	0.1	7:17	4:50	
14	Fri	2:44	5.6	3:08	5.0	9:25	0.2	9:45	-0.1	7:17	4:51	
15	Sat	3:46	5.8	4:13	5.1	10:29	-0.1	10:45	-0.3	7:16	4:52	
16	Sun	4:47	6.0	5:16	5.3	11:28	-0.4	11:42	-0.5	7:16	4:54	
17	Mon	5:46	6.2	6:14	5.5			12:22	-0.7	7:15	4:55	
18	Tue	6:41	6.4	7:07	5.7	12:35	-0.7	1:14	-0.9	7:15	4:56	
19	Wed	7:31	6.5	7:56	5.8	1:26	-0.8	2:03	-1.0	7:14	4:57	
20	Thu	8:17	6.5	8:42	5.8	2:15	-0.8	2:49	-1.0	7:14	4:58	
21	Fri	9:02	6.3	9:27	5.7	3:01	-0.7	3:33	-0.9	7:13	4:59	
22	Sat	9:47	6.0	10:12	5.6	3:45	-0.5	4:14	-0.7	7:12	5:00	
23	Sun	10:31	5.6	10:57	5.4	4:28	-0.2	4:54	-0.4	7:12	5:02	
24	Mon	11:17	5.2	11:43	5.2	5:10	0.1	5:34	-0.1	7:11	5:03	
25	Tue			12:04	4.9	5:54	0.4	6:16	0.2	7:10	5:04	
26	Wed	12:30	5.0	12:53	4.6	6:43	0.7	7:03	0.5	7:10	5:05	
27	Thu	1:18	4.9	1:45	4.4	7:40	0.9	7:58	0.7	7:09	5:07	
28	Fri	2:08	4.8	2:39	4.2	8:43	1.0	8:57	0.7	7:08	5:08	
29	Sat	3:01	4.8	3:35	4.2	9:45	0.9	9:55	0.6	7:07	5:09	
30	Sun	3:55	4.9	4:32	4.4	10:41	0.7	10:49	0.5	7:06	5:10	
31	Mon	4:49	5.1	5:26	4.6	11:32	0.4	11:39	0.2	7:05	5:11	