

Rockaway Beach (inside), NY - Mar 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:07	5.0	4:50	4.6	10:59	0.6	11:08	0.5	6:28	5:46	
2	Wed	5:04	5.3	5:43	5.0	11:49	0.2	11:59	0.2	6:27	5:47	
3	Thu	5:56	5.6	6:32	5.4			12:36	-0.1	6:25	5:48	
4	Fri	6:45	6.0	7:16	5.8	12:48	-0.2	1:22	-0.4	6:24	5:49	
5	Sat	7:30	6.2	7:59	6.2	1:35	-0.5	2:06	-0.6	6:22	5:50	
6	Sun	8:15	6.3	8:43	6.4	2:23	-0.7	2:49	-0.7	6:21	5:52	
7	Mon	9:00	6.3	9:27	6.5	3:10	-0.8	3:32	-0.7	6:19	5:53	
8	Tue	9:47	6.1	10:15	6.5	3:57	-0.8	4:16	-0.6	6:17	5:54	
9	Wed	10:37	5.8	11:07	6.3	4:45	-0.6	5:01	-0.4	6:16	5:55	
10	Thu	11:33	5.5			5:36	-0.3	5:52	-0.1	6:14	5:56	
11	Fri	12:03	6.1	12:32	5.3	6:32	0.0	6:50	0.2	6:13	5:57	
12	Sat	1:02	5.9	1:33	5.1	7:37	0.2	7:56	0.4	6:11	5:58	
13	Sun	2:03	5.7	2:36	5.1	8:45	0.3	9:06	0.5	6:09	5:59	
14	Mon	3:05	5.6	3:38	5.1	9:50	0.2	10:10	0.4	6:08	6:00	
15	Tue	4:07	5.6	4:40	5.3	10:49	0.0	11:08	0.2	6:06	6:01	
16	Wed	5:07	5.7	5:36	5.6	11:41	-0.2			6:04	6:02	
17	Thu	6:01	5.9	6:27	5.9	12:00	0.0	12:28	-0.4	6:03	6:04	
18	Fri	6:50	6.0	7:12	6.1	12:48	-0.2	1:13	-0.5	6:01	6:05	
19	Sat	7:34	6.0	7:54	6.2	1:34	-0.3	1:54	-0.5	5:59	6:06	
20	Sun	8:15	5.9	8:33	6.2	2:17	-0.3	2:34	-0.4	5:58	6:07	
21	Mon	8:55	5.8	9:10	6.1	2:57	-0.2	3:12	-0.2	5:56	6:08	
22	Tue	9:34	5.5	9:46	5.9	3:36	-0.1	3:48	0.0	5:54	6:09	
23	Wed	10:13	5.2	10:23	5.6	4:14	0.1	4:23	0.3	5:53	6:10	
24	Thu	10:54	4.9	11:01	5.4	4:51	0.4	4:59	0.6	5:51	6:11	
25	Fri	11:38	4.7	11:42	5.2	5:29	0.7	5:36	0.9	5:50	6:12	
26	Sat			12:26	4.5	6:13	0.9	6:20	1.1	5:48	6:13	
27	Sun	12:30	5.0	1:19	4.4	7:07	1.1	7:18	1.3	5:46	6:14	
28	Mon	1:24	4.9	2:16	4.4	8:15	1.1	8:29	1.3	5:45	6:15	
29	Tue	2:22	5.0	3:14	4.6	9:22	1.0	9:36	1.1	5:43	6:16	
30	Wed	3:23	5.1	4:12	4.9	10:20	0.7	10:35	0.7	5:41	6:17	
31	Thu	4:24	5.4	5:07	5.4	11:13	0.3	11:30	0.3	5:40	6:18	