

Rockaway Beach (inside), NY - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:41	5.8	4:18	5.7	10:23	0.1	10:50	0.5	5:54	7:50	
2	Tue	4:41	5.7	5:15	5.9	11:19	0.0	11:48	0.4	5:52	7:51	
3	Wed	5:39	5.7	6:10	6.1			12:10	-0.1	5:51	7:52	
4	Thu	6:34	5.8	7:00	6.4	12:41	0.2	12:57	-0.2	5:50	7:53	
5	Fri	7:25	5.8	7:46	6.5	1:30	0.0	1:42	-0.2	5:49	7:54	
6	Sat	8:13	5.8	8:29	6.5	2:16	-0.1	2:26	-0.1	5:47	7:55	
7	Sun	8:57	5.7	9:10	6.5	3:01	-0.1	3:08	0.0	5:46	7:56	
8	Mon	9:39	5.6	9:49	6.3	3:44	-0.1	3:49	0.2	5:45	7:57	
9	Tue	10:21	5.4	10:27	6.1	4:25	0.1	4:29	0.4	5:44	7:58	
10	Wed	11:03	5.2	11:06	5.8	5:05	0.2	5:07	0.6	5:43	7:59	
11	Thu	11:47	5.0	11:45	5.5	5:44	0.5	5:46	0.9	5:42	8:00	
12	Fri			12:33	4.8	6:24	0.7	6:27	1.1	5:41	8:01	
13	Sat	12:28	5.3	1:22	4.7	7:07	0.8	7:12	1.3	5:40	8:02	
14	Sun	1:15	5.2	2:11	4.7	7:56	1.0	8:07	1.5	5:39	8:03	
15	Mon	2:06	5.1	3:02	4.9	8:52	1.0	9:11	1.4	5:38	8:04	
16	Tue	3:00	5.1	3:53	5.1	9:51	0.9	10:15	1.2	5:37	8:05	
17	Wed	3:57	5.1	4:45	5.4	10:47	0.7	11:15	0.9	5:36	8:06	
18	Thu	4:55	5.2	5:38	5.8	11:38	0.5			5:35	8:07	
19	Fri	5:54	5.4	6:30	6.2	12:10	0.5	12:28	0.2	5:34	8:08	
20	Sat	6:50	5.6	7:20	6.6	1:03	0.1	1:17	0.0	5:34	8:09	
21	Sun	7:44	5.8	8:09	7.0	1:55	-0.3	2:06	-0.2	5:33	8:10	
22	Mon	8:35	6.0	8:57	7.1	2:47	-0.5	2:56	-0.3	5:32	8:11	
23	Tue	9:25	6.0	9:47	7.2	3:38	-0.7	3:47	-0.3	5:31	8:12	
24	Wed	10:17	6.0	10:38	7.1	4:29	-0.7	4:38	-0.3	5:31	8:13	
25	Thu	11:11	6.0	11:32	6.8	5:19	-0.7	5:29	-0.1	5:30	8:13	
26	Fri			12:07	5.9	6:10	-0.5	6:22	0.1	5:29	8:14	
27	Sat	12:28	6.5	1:05	5.8	7:03	-0.3	7:18	0.4	5:29	8:15	
28	Sun	1:25	6.2	2:03	5.8	7:58	-0.1	8:20	0.6	5:28	8:16	
29	Mon	2:22	6.0	2:59	5.8	8:56	0.0	9:24	0.7	5:27	8:17	
30	Tue	3:19	5.7	3:54	5.9	9:53	0.1	10:26	0.7	5:27	8:17	
31	Wed	4:15	5.6	4:48	6.0	10:48	0.1	11:24	0.6	5:27	8:18	