

Rockaway Beach (inside), NY - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:11	5.5	5:40	6.1	11:38	0.1			5:26	8:19	
2	Fri	6:06	5.4	6:31	6.2	12:16	0.4	12:26	0.1	5:26	8:20	
3	Sat	6:58	5.4	7:18	6.3	1:05	0.3	1:11	0.1	5:25	8:20	
4	Sun	7:47	5.4	8:02	6.3	1:51	0.2	1:55	0.2	5:25	8:21	
5	Mon	8:32	5.4	8:43	6.3	2:36	0.1	2:39	0.3	5:25	8:22	
6	Tue	9:15	5.4	9:23	6.2	3:20	0.1	3:21	0.4	5:24	8:22	
7	Wed	9:57	5.3	10:00	6.0	4:02	0.2	4:03	0.5	5:24	8:23	
8	Thu	10:38	5.1	10:37	5.8	4:42	0.3	4:42	0.7	5:24	8:24	
9	Fri	11:20	5.0	11:14	5.6	5:21	0.4	5:21	0.9	5:24	8:24	
10	Sat			12:03	4.9	5:59	0.5	6:00	1.1	5:23	8:25	
11	Sun			12:48	4.9	6:38	0.6	6:42	1.2	5:23	8:25	
12	Mon	12:36	5.3	1:35	4.9	7:19	0.7	7:30	1.3	5:23	8:26	
13	Tue	1:26	5.2	2:23	5.1	8:07	0.8	8:29	1.3	5:23	8:26	
14	Wed	2:20	5.2	3:12	5.3	9:02	0.8	9:36	1.2	5:23	8:27	
15	Thu	3:18	5.2	4:05	5.6	10:01	0.7	10:40	0.9	5:23	8:27	
16	Fri	4:18	5.2	5:00	6.0	10:58	0.5	11:40	0.5	5:23	8:27	
17	Sat	5:20	5.3	5:56	6.4	11:53	0.2			5:23	8:28	
18	Sun	6:21	5.5	6:52	6.8	12:37	0.1	12:47	0.0	5:23	8:28	
19	Mon	7:19	5.7	7:46	7.1	1:32	-0.3	1:40	-0.2	5:24	8:28	
20	Tue	8:15	5.9	8:38	7.3	2:26	-0.6	2:34	-0.4	5:24	8:29	
21	Wed	9:08	6.1	9:30	7.3	3:20	-0.8	3:28	-0.4	5:24	8:29	
22	Thu	10:01	6.2	10:22	7.2	4:12	-0.9	4:21	-0.4	5:24	8:29	
23	Fri	10:55	6.2	11:15	6.9	5:02	-0.9	5:13	-0.3	5:24	8:29	
24	Sat	11:50	6.1			5:52	-0.8	6:06	0.0	5:25	8:29	
25	Sun	12:09	6.6	12:46	6.1	6:41	-0.6	7:00	0.2	5:25	8:30	
26	Mon	1:04	6.2	1:41	6.0	7:32	-0.3	7:56	0.5	5:25	8:30	
27	Tue	1:59	5.9	2:34	6.0	8:25	-0.1	8:57	0.7	5:26	8:30	
28	Wed	2:53	5.6	3:26	5.9	9:20	0.1	9:58	0.8	5:26	8:30	
29	Thu	3:47	5.4	4:18	5.9	10:14	0.3	10:56	0.7	5:27	8:30	
30	Fri	4:41	5.2	5:09	6.0	11:05	0.3	11:49	0.6	5:27	8:30	