

Rockaway Beach (inside), NY - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:53	5.1	7:08	5.9	12:58	0.6	1:00	0.6	5:52	8:11	
2	Wed	7:41	5.3	7:52	6.0	1:44	0.4	1:46	0.5	5:53	8:09	
3	Thu	8:25	5.4	8:32	6.1	2:28	0.3	2:30	0.5	5:53	8:08	
4	Fri	9:06	5.4	9:09	6.0	3:10	0.2	3:13	0.5	5:54	8:07	
5	Sat	9:44	5.5	9:45	6.0	3:50	0.2	3:55	0.6	5:55	8:06	
6	Sun	10:21	5.5	10:19	5.9	4:28	0.2	4:34	0.7	5:56	8:05	
7	Mon	10:58	5.5	10:56	5.7	5:04	0.3	5:13	0.7	5:57	8:04	
8	Tue	11:37	5.5	11:37	5.6	5:39	0.4	5:52	0.8	5:58	8:02	
9	Wed			12:21	5.6	6:14	0.5	6:36	0.9	5:59	8:01	
10	Thu	12:27	5.4	1:11	5.7	6:53	0.6	7:29	1.0	6:00	8:00	
11	Fri	1:23	5.3	2:05	5.8	7:42	0.7	8:35	1.0	6:01	7:59	
12	Sat	2:25	5.2	3:04	6.0	8:47	0.7	9:47	0.9	6:02	7:57	
13	Sun	3:29	5.2	4:05	6.2	9:59	0.6	10:54	0.6	6:03	7:56	
14	Mon	4:34	5.3	5:08	6.4	11:05	0.4	11:56	0.2	6:04	7:55	
15	Tue	5:39	5.6	6:10	6.7			12:06	0.1	6:05	7:53	
16	Wed	6:41	5.9	7:08	7.0	12:52	-0.2	1:03	-0.2	6:06	7:52	
17	Thu	7:38	6.2	8:03	7.2	1:46	-0.5	1:59	-0.4	6:07	7:51	
18	Fri	8:31	6.5	8:53	7.2	2:38	-0.8	2:52	-0.5	6:08	7:49	
19	Sat	9:21	6.7	9:42	7.1	3:27	-0.9	3:44	-0.5	6:09	7:48	
20	Sun	10:10	6.7	10:31	6.8	4:15	-0.9	4:33	-0.3	6:10	7:46	
21	Mon	10:59	6.6	11:20	6.4	5:00	-0.7	5:21	-0.1	6:11	7:45	
22	Tue	11:48	6.4			5:44	-0.4	6:08	0.2	6:12	7:43	
23	Wed	12:10	6.0	12:37	6.1	6:28	0.0	6:57	0.6	6:13	7:42	
24	Thu	1:01	5.6	1:27	5.9	7:13	0.4	7:50	0.9	6:14	7:40	
25	Fri	1:54	5.3	2:18	5.7	8:03	0.7	8:48	1.1	6:15	7:39	
26	Sat	2:47	5.0	3:10	5.6	8:58	1.0	9:49	1.2	6:16	7:37	
27	Sun	3:41	4.9	4:02	5.5	9:56	1.0	10:47	1.2	6:17	7:36	
28	Mon	4:36	4.9	4:56	5.5	10:52	1.0	11:40	1.0	6:18	7:34	
29	Tue	5:32	5.0	5:49	5.6	11:44	0.9			6:19	7:33	
30	Wed	6:24	5.2	6:38	5.8	12:29	0.7	12:33	0.7	6:20	7:31	
31	Thu	7:13	5.4	7:23	5.9	1:14	0.5	1:20	0.6	6:21	7:29	