

Rockaway Beach (inside), NY - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:20	6.9	8:45	5.8	2:19	-0.6	3:00	-0.8	6:59	4:29	
2	Sat	9:08	6.8	9:36	5.8	3:08	-0.6	3:49	-0.8	7:00	4:28	
3	Sun	9:59	6.6	10:31	5.6	3:58	-0.5	4:39	-0.7	7:01	4:28	
4	Mon	10:55	6.3	11:29	5.5	4:49	-0.3	5:31	-0.5	7:02	4:28	
5	Tue	11:53	6.0			5:45	0.0	6:27	-0.3	7:03	4:28	
6	Wed	12:29	5.4	12:53	5.7	6:45	0.3	7:26	-0.1	7:04	4:28	
7	Thu	1:28	5.4	1:52	5.5	7:52	0.4	8:27	-0.1	7:05	4:28	
8	Fri	2:26	5.5	2:50	5.4	8:58	0.4	9:26	-0.1	7:06	4:28	
9	Sat	3:23	5.6	3:48	5.3	10:00	0.3	10:19	-0.2	7:06	4:28	
10	Sun	4:18	5.8	4:45	5.3	10:55	0.1	11:09	-0.3	7:07	4:28	
11	Mon	5:11	5.9	5:38	5.4	11:45	-0.1	11:55	-0.4	7:08	4:28	
12	Tue	6:00	6.1	6:28	5.4			12:33	-0.3	7:09	4:28	
13	Wed	6:45	6.1	7:13	5.4	12:40	-0.4	1:18	-0.3	7:10	4:28	
14	Thu	7:28	6.1	7:56	5.4	1:23	-0.3	2:01	-0.3	7:10	4:28	
15	Fri	8:08	6.0	8:37	5.2	2:05	-0.2	2:43	-0.2	7:11	4:29	
16	Sat	8:46	5.9	9:17	5.1	2:46	-0.1	3:23	-0.1	7:12	4:29	
17	Sun	9:23	5.6	9:58	4.9	3:25	0.1	4:02	0.0	7:13	4:29	
18	Mon	10:00	5.4	10:40	4.7	4:04	0.3	4:40	0.2	7:13	4:30	
19	Tue	10:38	5.1	11:24	4.5	4:42	0.6	5:18	0.4	7:14	4:30	
20	Wed	11:19	4.9			5:21	0.8	5:58	0.6	7:14	4:30	
21	Thu	12:11	4.5	12:07	4.8	6:06	1.0	6:44	0.7	7:15	4:31	
22	Fri	1:00	4.5	1:00	4.7	7:02	1.1	7:40	0.7	7:15	4:31	
23	Sat	1:51	4.7	1:58	4.6	8:10	1.0	8:41	0.6	7:16	4:32	
24	Sun	2:44	4.9	2:58	4.7	9:17	0.8	9:40	0.4	7:16	4:33	
25	Mon	3:39	5.2	3:59	4.8	10:18	0.4	10:35	0.2	7:17	4:33	
26	Tue	4:35	5.6	4:59	5.0	11:15	0.0	11:28	-0.2	7:17	4:34	
27	Wed	5:30	6.0	5:56	5.3			12:08	-0.4	7:17	4:34	
28	Thu	6:23	6.4	6:50	5.6	12:19	-0.5	1:01	-0.8	7:18	4:35	
29	Fri	7:14	6.7	7:41	5.8	1:11	-0.8	1:53	-1.0	7:18	4:36	
30	Sat	8:04	6.9	8:31	5.9	2:02	-0.9	2:43	-1.2	7:18	4:37	
31	Sun	8:54	6.9	9:23	5.9	2:53	-1.0	3:33	-1.2	7:18	4:37	