

Rockaway Beach (inside), NY - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:58	6.4	10:21	6.4	3:59	-0.9	4:22	-1.0	6:29	5:45	
2	Fri	10:47	6.0	11:10	6.1	4:46	-0.6	5:06	-0.6	6:27	5:47	
3	Sat	11:39	5.5			5:34	-0.2	5:51	-0.1	6:26	5:48	
4	Sun	12:00	5.7	12:31	5.1	6:24	0.2	6:40	0.3	6:24	5:49	
5	Mon	12:52	5.4	1:26	4.8	7:20	0.6	7:35	0.6	6:23	5:50	
6	Tue	1:45	5.2	2:21	4.6	8:22	0.8	8:36	0.8	6:21	5:51	
7	Wed	2:40	5.0	3:18	4.6	9:25	0.8	9:36	0.8	6:20	5:52	
8	Thu	3:36	5.0	4:16	4.7	10:23	0.7	10:32	0.7	6:18	5:53	
9	Fri	4:33	5.0	5:11	4.9	11:14	0.5	11:23	0.5	6:17	5:54	
10	Sat	5:27	5.2	6:01	5.1			12:01	0.3	6:15	5:55	
11	Sun	6:15	5.4	6:46	5.4	12:11	0.3	12:44	0.1	6:13	5:57	
12	Mon	6:57	5.5	7:27	5.6	12:56	0.1	1:26	-0.1	6:12	5:58	
13	Tue	7:36	5.6	8:04	5.7	1:39	0.0	2:06	-0.1	6:10	5:59	
14	Wed	8:13	5.6	8:38	5.7	2:20	0.0	2:43	-0.1	6:08	6:00	
15	Thu	8:48	5.6	9:12	5.7	3:00	-0.1	3:19	0.0	6:07	6:01	
16	Fri	9:23	5.5	9:46	5.7	3:38	0.0	3:53	0.1	6:05	6:02	
17	Sat	10:01	5.4	10:24	5.7	4:16	0.0	4:27	0.2	6:04	6:03	
18	Sun	10:44	5.2	11:09	5.7	4:55	0.2	5:02	0.4	6:02	6:04	
19	Mon	11:36	5.0			5:40	0.3	5:43	0.6	6:00	6:05	
20	Tue	12:02	5.6	12:35	4.9	6:36	0.5	6:42	0.7	5:59	6:06	
21	Wed	1:03	5.6	1:40	4.9	7:45	0.6	7:59	0.8	5:57	6:07	
22	Thu	2:08	5.6	2:45	5.0	8:58	0.5	9:16	0.6	5:55	6:08	
23	Fri	3:14	5.7	3:51	5.3	10:05	0.2	10:23	0.3	5:54	6:09	
24	Sat	4:20	5.9	4:54	5.7	11:04	-0.2	11:24	-0.1	5:52	6:10	
25	Sun	5:22	6.2	5:53	6.1	11:58	-0.6			5:50	6:11	
26	Mon	6:20	6.5	6:47	6.5	12:20	-0.5	12:50	-0.9	5:49	6:12	
27	Tue	7:12	6.6	7:36	6.8	1:13	-0.8	1:38	-1.0	5:47	6:14	
28	Wed	8:01	6.6	8:23	6.9	2:03	-0.9	2:25	-1.0	5:45	6:15	
29	Thu	8:48	6.5	9:08	6.8	2:52	-0.9	3:10	-0.9	5:44	6:16	
30	Fri	9:35	6.2	9:53	6.6	3:38	-0.7	3:54	-0.6	5:42	6:17	
31	Sat	10:23	5.9	10:39	6.2	4:23	-0.5	4:36	-0.2	5:40	6:18	