

Rockaway Beach (inside), NY - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:36	5.1	6:27	0.4	6:33	0.8	5:54	7:50	
2	Wed	12:42	5.5	1:27	4.9	7:13	0.7	7:21	1.1	5:53	7:51	
3	Thu	1:31	5.3	2:18	4.8	8:04	0.9	8:16	1.3	5:51	7:52	
4	Fri	2:23	5.1	3:10	4.8	9:01	1.0	9:17	1.4	5:50	7:53	
5	Sat	3:15	5.0	4:03	4.9	9:59	1.0	10:18	1.3	5:49	7:54	
6	Sun	4:08	4.9	4:54	5.1	10:53	0.8	11:15	1.1	5:48	7:55	
7	Mon	5:02	5.0	5:45	5.4	11:42	0.6			5:47	7:56	
8	Tue	5:55	5.1	6:32	5.7	12:06	0.8	12:28	0.5	5:45	7:57	
9	Wed	6:46	5.3	7:17	6.0	12:55	0.5	1:13	0.3	5:44	7:58	
10	Thu	7:33	5.4	7:59	6.3	1:42	0.2	1:56	0.2	5:43	7:59	
11	Fri	8:18	5.6	8:39	6.5	2:29	0.0	2:40	0.1	5:42	8:00	
12	Sat	9:01	5.6	9:20	6.6	3:15	-0.2	3:23	0.1	5:41	8:01	
13	Sun	9:45	5.6	10:03	6.6	4:01	-0.3	4:07	0.1	5:40	8:02	
14	Mon	10:32	5.6	10:49	6.6	4:47	-0.3	4:51	0.2	5:39	8:03	
15	Tue	11:22	5.5	11:40	6.4	5:34	-0.2	5:38	0.3	5:38	8:04	
16	Wed			12:18	5.5	6:23	-0.1	6:29	0.4	5:37	8:05	
17	Thu	12:37	6.3	1:17	5.5	7:16	0.0	7:28	0.6	5:36	8:06	
18	Fri	1:36	6.1	2:16	5.6	8:14	0.1	8:34	0.7	5:35	8:07	
19	Sat	2:36	5.9	3:15	5.7	9:16	0.1	9:42	0.7	5:35	8:08	
20	Sun	3:36	5.8	4:13	6.0	10:17	0.0	10:47	0.5	5:34	8:09	
21	Mon	4:36	5.8	5:11	6.2	11:13	-0.1	11:47	0.3	5:33	8:10	
22	Tue	5:35	5.8	6:06	6.4			12:05	-0.3	5:32	8:11	
23	Wed	6:33	5.8	6:59	6.6	12:41	0.0	12:55	-0.3	5:31	8:11	
24	Thu	7:26	5.9	7:47	6.7	1:33	-0.2	1:43	-0.3	5:31	8:12	
25	Fri	8:16	5.9	8:33	6.7	2:22	-0.3	2:30	-0.2	5:30	8:13	
26	Sat	9:03	5.8	9:17	6.6	3:09	-0.3	3:15	0.0	5:29	8:14	
27	Sun	9:49	5.7	9:59	6.4	3:55	-0.2	3:59	0.2	5:29	8:15	
28	Mon	10:34	5.5	10:41	6.1	4:38	0.0	4:41	0.4	5:28	8:16	
29	Tue	11:20	5.3	11:24	5.8	5:20	0.2	5:22	0.6	5:28	8:17	
30	Wed			12:07	5.1	6:01	0.4	6:04	0.9	5:27	8:17	
31	Thu	12:08	5.5	12:56	4.9	6:43	0.6	6:48	1.1	5:27	8:18	