

Rockaway Beach (inside), NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:00	5.2	1:52	5.0	7:33	0.8	7:52	1.4	5:27	8:30	
2	Mon	1:47	5.0	2:38	5.2	8:20	0.9	8:50	1.4	5:28	8:29	
3	Tue	2:38	4.9	3:25	5.3	9:14	0.9	9:53	1.2	5:28	8:29	
4	Wed	3:32	4.9	4:15	5.6	10:10	0.8	10:53	1.0	5:29	8:29	
5	Thu	4:30	4.9	5:08	5.9	11:05	0.7	11:50	0.6	5:30	8:29	
6	Fri	5:30	5.1	6:02	6.2	11:59	0.5			5:30	8:29	
7	Sat	6:29	5.3	6:56	6.5	12:45	0.3	12:51	0.3	5:31	8:28	
8	Sun	7:25	5.5	7:49	6.9	1:38	-0.1	1:44	0.0	5:31	8:28	
9	Mon	8:18	5.8	8:39	7.1	2:31	-0.4	2:36	-0.1	5:32	8:28	
10	Tue	9:09	6.0	9:30	7.1	3:22	-0.6	3:29	-0.3	5:33	8:27	
11	Wed	10:01	6.1	10:20	7.1	4:12	-0.8	4:21	-0.3	5:33	8:27	
12	Thu	10:53	6.2	11:13	6.9	5:01	-0.8	5:13	-0.2	5:34	8:26	
13	Fri	11:48	6.2			5:50	-0.7	6:05	-0.1	5:35	8:26	
14	Sat	12:07	6.6	12:43	6.2	6:39	-0.6	7:00	0.2	5:36	8:25	
15	Sun	1:03	6.2	1:38	6.2	7:30	-0.4	7:58	0.4	5:36	8:25	
16	Mon	1:58	5.9	2:33	6.2	8:24	-0.1	9:00	0.6	5:37	8:24	
17	Tue	2:54	5.6	3:26	6.1	9:20	0.1	10:03	0.7	5:38	8:24	
18	Wed	3:50	5.4	4:20	6.1	10:17	0.2	11:03	0.6	5:39	8:23	
19	Thu	4:47	5.3	5:14	6.1	11:11	0.3	11:58	0.5	5:40	8:22	
20	Fri	5:44	5.2	6:08	6.1			12:02	0.3	5:41	8:22	
21	Sat	6:40	5.3	6:58	6.2	12:49	0.4	12:51	0.3	5:41	8:21	
22	Sun	7:31	5.4	7:46	6.2	1:37	0.3	1:38	0.3	5:42	8:20	
23	Mon	8:18	5.4	8:29	6.2	2:23	0.2	2:24	0.4	5:43	8:19	
24	Tue	9:02	5.5	9:10	6.1	3:07	0.2	3:08	0.4	5:44	8:18	
25	Wed	9:44	5.4	9:48	6.0	3:48	0.2	3:50	0.5	5:45	8:18	
26	Thu	10:24	5.4	10:25	5.8	4:27	0.2	4:31	0.7	5:46	8:17	
27	Fri	11:04	5.3	11:01	5.6	5:05	0.3	5:10	0.8	5:47	8:16	
28	Sat	11:44	5.2	11:38	5.4	5:40	0.4	5:49	1.0	5:48	8:15	
29	Sun			12:25	5.2	6:15	0.6	6:28	1.1	5:49	8:14	
30	Mon	12:19	5.2	1:07	5.2	6:51	0.7	7:13	1.2	5:49	8:13	
31	Tue	1:05	5.1	1:53	5.3	7:31	0.9	8:07	1.3	5:50	8:12	