

Rockaway Beach (inside), NY - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:58	5.0	2:42	5.5	8:21	1.0	9:13	1.2	5:51	8:11	
2	Thu	2:56	4.9	3:35	5.7	9:24	1.0	10:20	1.0	5:52	8:10	
3	Fri	3:57	5.0	4:33	6.0	10:29	0.8	11:22	0.7	5:53	8:09	
4	Sat	5:00	5.1	5:33	6.3	11:29	0.6			5:54	8:08	
5	Sun	6:03	5.3	6:32	6.6	12:20	0.3	12:27	0.3	5:55	8:06	
6	Mon	7:02	5.7	7:28	7.0	1:15	-0.1	1:22	-0.1	5:56	8:05	
7	Tue	7:57	6.1	8:21	7.2	2:08	-0.5	2:17	-0.3	5:57	8:04	
8	Wed	8:50	6.4	9:12	7.3	3:00	-0.7	3:11	-0.5	5:58	8:03	
9	Thu	9:41	6.6	10:02	7.2	3:50	-0.9	4:04	-0.5	5:59	8:02	
10	Fri	10:32	6.7	10:53	6.9	4:38	-0.9	4:55	-0.4	6:00	8:00	
11	Sat	11:24	6.6	11:46	6.6	5:26	-0.8	5:46	-0.2	6:01	7:59	
12	Sun			12:18	6.5	6:13	-0.6	6:39	0.1	6:02	7:58	
13	Mon	12:40	6.2	1:11	6.3	7:02	-0.3	7:34	0.4	6:03	7:56	
14	Tue	1:35	5.8	2:05	6.2	7:54	0.1	8:34	0.7	6:04	7:55	
15	Wed	2:31	5.5	2:59	6.0	8:49	0.4	9:37	0.9	6:05	7:54	
16	Thu	3:27	5.3	3:53	5.9	9:48	0.6	10:38	0.9	6:06	7:52	
17	Fri	4:24	5.1	4:47	5.9	10:44	0.7	11:34	0.8	6:07	7:51	
18	Sat	5:21	5.1	5:42	5.9	11:37	0.6			6:08	7:49	
19	Sun	6:16	5.2	6:34	6.0	12:25	0.6	12:27	0.6	6:09	7:48	
20	Mon	7:07	5.4	7:21	6.0	1:12	0.5	1:14	0.5	6:10	7:47	
21	Tue	7:53	5.5	8:05	6.1	1:56	0.3	1:59	0.4	6:11	7:45	
22	Wed	8:36	5.6	8:44	6.1	2:38	0.2	2:43	0.4	6:12	7:44	
23	Thu	9:16	5.7	9:21	6.0	3:18	0.2	3:25	0.5	6:13	7:42	
24	Fri	9:54	5.7	9:56	5.9	3:57	0.2	4:05	0.6	6:14	7:41	
25	Sat	10:30	5.6	10:30	5.7	4:33	0.3	4:44	0.7	6:15	7:39	
26	Sun	11:05	5.5	11:05	5.5	5:07	0.4	5:21	0.8	6:16	7:38	
27	Mon	11:41	5.5	11:44	5.3	5:40	0.6	5:59	1.0	6:17	7:36	
28	Tue			12:22	5.5	6:12	0.8	6:41	1.1	6:18	7:35	
29	Wed	12:31	5.1	1:10	5.5	6:48	0.9	7:33	1.2	6:19	7:33	
30	Thu	1:27	5.0	2:04	5.6	7:36	1.0	8:40	1.2	6:20	7:31	
31	Fri	2:29	4.9	3:03	5.8	8:46	1.1	9:52	1.0	6:21	7:30	