

Rockaway Beach (inside), NY - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:20	5.3	4:48	6.2	10:50	0.6	11:36	0.2	6:51	6:38	
2	Tue	5:23	5.8	5:50	6.5	11:52	0.2			6:52	6:37	
3	Wed	6:22	6.2	6:48	6.8	12:30	-0.3	12:48	-0.2	6:53	6:35	
4	Thu	7:17	6.7	7:41	6.9	1:21	-0.6	1:42	-0.5	6:54	6:33	
5	Fri	8:08	7.0	8:32	7.0	2:10	-0.9	2:34	-0.7	6:55	6:32	
6	Sat	8:56	7.2	9:20	6.9	2:58	-1.0	3:25	-0.7	6:56	6:30	
7	Sun	9:43	7.2	10:08	6.6	3:45	-0.9	4:14	-0.6	6:57	6:28	
8	Mon	10:30	6.9	10:57	6.2	4:30	-0.6	5:02	-0.3	6:58	6:27	
9	Tue	11:18	6.6	11:48	5.8	5:15	-0.3	5:49	0.0	6:59	6:25	
10	Wed			12:08	6.2	6:01	0.2	6:38	0.4	7:00	6:24	
11	Thu	12:42	5.4	1:00	5.8	6:48	0.6	7:31	0.8	7:01	6:22	
12	Fri	1:38	5.1	1:55	5.5	7:40	0.9	8:30	1.1	7:02	6:20	
13	Sat	2:34	4.9	2:50	5.4	8:39	1.2	9:33	1.1	7:03	6:19	
14	Sun	3:30	4.9	3:45	5.3	9:41	1.2	10:31	1.0	7:04	6:17	
15	Mon	4:25	5.0	4:39	5.3	10:40	1.1	11:23	0.8	7:05	6:16	
16	Tue	5:18	5.2	5:32	5.4	11:33	0.9			7:07	6:14	
17	Wed	6:09	5.4	6:21	5.5	12:08	0.6	12:22	0.7	7:08	6:13	
18	Thu	6:55	5.7	7:06	5.7	12:51	0.3	1:07	0.5	7:09	6:11	
19	Fri	7:36	5.9	7:48	5.7	1:32	0.2	1:51	0.3	7:10	6:10	
20	Sat	8:15	6.1	8:26	5.8	2:12	0.1	2:34	0.2	7:11	6:08	
21	Sun	8:51	6.2	9:03	5.7	2:51	0.1	3:15	0.1	7:12	6:07	
22	Mon	9:25	6.2	9:40	5.6	3:29	0.2	3:56	0.2	7:13	6:06	
23	Tue	10:00	6.2	10:18	5.5	4:06	0.3	4:37	0.2	7:14	6:04	
24	Wed	10:38	6.1	11:01	5.3	4:43	0.4	5:19	0.3	7:15	6:03	
25	Thu	11:22	6.0	11:51	5.1	5:21	0.6	6:05	0.5	7:16	6:01	
26	Fri			12:15	5.9	6:03	0.7	6:57	0.6	7:18	6:00	
27	Sat	12:51	5.0	1:17	5.8	6:57	0.9	8:00	0.7	7:19	5:59	
28	Sun	1:55	5.0	1:22	5.8	7:08	0.9	8:08	0.6	6:20	4:57	
29	Mon	2:00	5.2	2:26	5.8	8:24	0.8	9:14	0.3	6:21	4:56	
30	Tue	3:03	5.5	3:28	6.0	9:34	0.5	10:13	0.0	6:22	4:55	
31	Wed	4:03	5.9	4:29	6.1	10:36	0.2	11:06	-0.4	6:23	4:54	