

Rockaway Beach (inside), NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:02	6.3	5:27	6.3	11:32	-0.2	11:56	-0.7	6:24	4:52	
2	Fri	5:56	6.7	6:21	6.5			12:25	-0.5	6:26	4:51	
3	Sat	6:46	7.0	7:11	6.5	12:45	-0.9	1:16	-0.7	6:27	4:50	
4	Sun	7:33	7.1	7:59	6.4	1:32	-0.9	2:05	-0.7	6:28	4:49	
5	Mon	8:19	7.0	8:46	6.2	2:18	-0.8	2:53	-0.6	6:29	4:48	
6	Tue	9:03	6.8	9:33	5.9	3:03	-0.5	3:39	-0.4	6:30	4:47	
7	Wed	9:49	6.4	10:22	5.5	3:47	-0.2	4:24	-0.1	6:31	4:45	
8	Thu	10:36	6.0	11:13	5.1	4:31	0.2	5:10	0.3	6:33	4:44	
9	Fri	11:25	5.6			5:15	0.6	5:58	0.6	6:34	4:43	
10	Sat	12:06	4.9	12:18	5.3	6:04	0.9	6:51	0.9	6:35	4:42	
11	Sun	1:01	4.7	1:11	5.1	6:59	1.2	7:49	1.0	6:36	4:41	
12	Mon	1:55	4.7	2:05	4.9	8:00	1.3	8:47	1.0	6:37	4:40	
13	Tue	2:49	4.8	2:58	4.9	9:02	1.2	9:41	0.8	6:39	4:40	
14	Wed	3:41	5.0	3:51	5.0	9:59	1.0	10:30	0.5	6:40	4:39	
15	Thu	4:31	5.2	4:43	5.1	10:50	0.7	11:14	0.3	6:41	4:38	
16	Fri	5:18	5.5	5:31	5.2	11:38	0.4	11:57	0.1	6:42	4:37	
17	Sat	6:02	5.8	6:17	5.4			12:23	0.2	6:43	4:36	
18	Sun	6:43	6.0	6:59	5.5	12:39	0.0	1:08	0.0	6:44	4:35	
19	Mon	7:22	6.2	7:40	5.5	1:21	0.0	1:52	-0.2	6:46	4:35	
20	Tue	8:00	6.3	8:21	5.5	2:02	-0.1	2:36	-0.2	6:47	4:34	
21	Wed	8:39	6.3	9:03	5.4	2:43	0.0	3:21	-0.2	6:48	4:33	
22	Thu	9:21	6.3	9:49	5.3	3:24	0.0	4:06	-0.2	6:49	4:33	
23	Fri	10:08	6.2	10:41	5.2	4:08	0.2	4:53	-0.1	6:50	4:32	
24	Sat	11:02	6.0	11:39	5.1	4:55	0.3	5:44	0.1	6:51	4:32	
25	Sun			12:02	5.8	5:50	0.5	6:42	0.2	6:52	4:31	
26	Mon	12:41	5.1	1:04	5.7	6:55	0.6	7:44	0.2	6:53	4:31	
27	Tue	1:42	5.3	2:06	5.6	8:07	0.6	8:48	0.0	6:54	4:30	
28	Wed	2:43	5.5	3:07	5.6	9:16	0.4	9:47	-0.2	6:56	4:30	
29	Thu	3:42	5.8	4:08	5.7	10:19	0.1	10:42	-0.5	6:57	4:29	
30	Fri	4:39	6.1	5:06	5.8	11:15	-0.2	11:32	-0.7	6:58	4:29	