

Rockaway Beach (inside), NY - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:34	6.4	6:01	5.9			12:08	-0.5	6:59	4:29	
2	Sun	6:24	6.6	6:52	5.9	12:21	-0.8	12:58	-0.6	7:00	4:29	
3	Mon	7:12	6.7	7:40	5.9	1:08	-0.8	1:46	-0.7	7:01	4:28	
4	Tue	7:57	6.6	8:26	5.7	1:54	-0.6	2:32	-0.6	7:02	4:28	
5	Wed	8:40	6.4	9:10	5.5	2:38	-0.5	3:17	-0.4	7:03	4:28	
6	Thu	9:23	6.1	9:56	5.2	3:22	-0.2	4:00	-0.2	7:04	4:28	
7	Fri	10:06	5.8	10:43	5.0	4:04	0.1	4:42	0.1	7:05	4:28	
8	Sat	10:51	5.4	11:32	4.7	4:45	0.4	5:25	0.3	7:05	4:28	
9	Sun	11:38	5.1			5:29	0.7	6:10	0.6	7:06	4:28	
10	Mon	12:23	4.6	12:28	4.8	6:18	0.9	7:00	0.7	7:07	4:28	
11	Tue	1:14	4.6	1:19	4.7	7:14	1.1	7:55	0.8	7:08	4:28	
12	Wed	2:05	4.6	2:12	4.6	8:16	1.2	8:51	0.7	7:09	4:28	
13	Thu	2:56	4.7	3:05	4.6	9:18	1.0	9:45	0.6	7:10	4:28	
14	Fri	3:47	5.0	4:00	4.6	10:14	0.7	10:35	0.4	7:10	4:28	
15	Sat	4:36	5.2	4:53	4.8	11:06	0.4	11:22	0.2	7:11	4:29	
16	Sun	5:24	5.5	5:45	5.0	11:55	0.1			7:12	4:29	
17	Mon	6:10	5.9	6:33	5.2	12:07	0.0	12:43	-0.2	7:12	4:29	
18	Tue	6:55	6.2	7:18	5.3	12:52	-0.2	1:30	-0.5	7:13	4:30	
19	Wed	7:38	6.4	8:03	5.5	1:38	-0.3	2:17	-0.6	7:14	4:30	
20	Thu	8:22	6.5	8:48	5.5	2:23	-0.4	3:04	-0.7	7:14	4:30	
21	Fri	9:08	6.5	9:36	5.5	3:10	-0.4	3:51	-0.7	7:15	4:31	
22	Sat	9:57	6.3	10:28	5.4	3:57	-0.4	4:38	-0.6	7:15	4:31	
23	Sun	10:50	6.1	11:24	5.4	4:46	-0.2	5:27	-0.5	7:16	4:32	
24	Mon	11:47	5.8			5:40	0.0	6:20	-0.4	7:16	4:32	
25	Tue	12:23	5.4	12:46	5.6	6:40	0.2	7:18	-0.2	7:17	4:33	
26	Wed	1:22	5.5	1:45	5.4	7:47	0.3	8:19	-0.2	7:17	4:34	
27	Thu	2:20	5.6	2:45	5.3	8:55	0.3	9:20	-0.2	7:17	4:34	
28	Fri	3:18	5.7	3:46	5.2	9:59	0.1	10:16	-0.3	7:18	4:35	
29	Sat	4:16	5.8	4:45	5.2	10:57	-0.1	11:09	-0.4	7:18	4:36	
30	Sun	5:11	6.0	5:41	5.3	11:50	-0.3	11:59	-0.5	7:18	4:36	
31	Mon	6:03	6.1	6:33	5.4			12:40	-0.5	7:18	4:37	