

Rockaway Beach (inside), NY - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:36	5.3	10:47	6.3	4:52	0.0	4:52	0.5	5:26	8:19	
2	Mon	11:24	5.2	11:36	6.2	5:36	0.0	5:35	0.6	5:25	8:20	
3	Tue			12:17	5.3	6:22	0.1	6:24	0.7	5:25	8:21	
4	Wed	12:31	6.1	1:13	5.4	7:12	0.1	7:21	0.8	5:25	8:21	
5	Thu	1:29	6.0	2:11	5.5	8:08	0.2	8:26	0.8	5:24	8:22	
6	Fri	2:28	5.9	3:08	5.8	9:08	0.1	9:36	0.7	5:24	8:23	
7	Sat	3:28	5.8	4:06	6.1	10:08	0.0	10:42	0.5	5:24	8:23	
8	Sun	4:29	5.7	5:04	6.4	11:05	-0.1	11:43	0.2	5:24	8:24	
9	Mon	5:30	5.7	6:01	6.6	11:59	-0.3			5:24	8:24	
10	Tue	6:29	5.8	6:55	6.8	12:40	0.0	12:51	-0.4	5:23	8:25	
11	Wed	7:26	5.9	7:47	6.9	1:34	-0.3	1:42	-0.4	5:23	8:26	
12	Thu	8:19	5.9	8:36	6.9	2:26	-0.4	2:32	-0.3	5:23	8:26	
13	Fri	9:09	5.9	9:23	6.8	3:16	-0.4	3:21	-0.1	5:23	8:26	
14	Sat	9:58	5.8	10:09	6.6	4:04	-0.4	4:08	0.0	5:23	8:27	
15	Sun	10:46	5.6	10:54	6.3	4:50	-0.2	4:53	0.3	5:23	8:27	
16	Mon	11:35	5.4	11:41	5.9	5:34	0.0	5:38	0.5	5:23	8:28	
17	Tue			12:24	5.3	6:17	0.2	6:22	0.8	5:23	8:28	
18	Wed	12:28	5.6	1:14	5.2	7:01	0.5	7:09	1.1	5:24	8:28	
19	Thu	1:16	5.3	2:03	5.2	7:46	0.6	8:01	1.3	5:24	8:29	
20	Fri	2:05	5.1	2:51	5.2	8:35	0.8	8:58	1.3	5:24	8:29	
21	Sat	2:54	4.9	3:38	5.3	9:27	0.8	9:57	1.3	5:24	8:29	
22	Sun	3:44	4.8	4:26	5.4	10:19	0.8	10:53	1.1	5:24	8:29	
23	Mon	4:36	4.8	5:15	5.6	11:09	0.7	11:46	0.9	5:25	8:29	
24	Tue	5:30	4.8	6:03	5.8	11:57	0.6			5:25	8:30	
25	Wed	6:23	4.9	6:50	6.0	12:36	0.6	12:44	0.6	5:25	8:30	
26	Thu	7:14	5.1	7:36	6.2	1:25	0.4	1:30	0.5	5:26	8:30	
27	Fri	8:02	5.2	8:19	6.4	2:13	0.1	2:17	0.4	5:26	8:30	
28	Sat	8:47	5.4	9:03	6.6	3:01	-0.1	3:03	0.3	5:26	8:30	
29	Sun	9:33	5.5	9:47	6.6	3:48	-0.2	3:50	0.3	5:27	8:30	
30	Mon	10:19	5.5	10:34	6.6	4:34	-0.3	4:37	0.3	5:27	8:30	