

Rockaway Beach (inside), NY - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:09	5.6	11:24	6.5	5:20	-0.3	5:25	0.3	5:28	8:29	
2	Wed			12:01	5.7	6:06	-0.3	6:15	0.4	5:28	8:29	
3	Thu	12:18	6.3	12:57	5.8	6:54	-0.2	7:10	0.5	5:29	8:29	
4	Fri	1:14	6.1	1:53	5.9	7:46	-0.1	8:12	0.6	5:29	8:29	
5	Sat	2:12	5.9	2:49	6.1	8:43	0.0	9:18	0.6	5:30	8:29	
6	Sun	3:10	5.7	3:45	6.2	9:42	0.0	10:24	0.6	5:31	8:28	
7	Mon	4:09	5.6	4:41	6.3	10:40	0.0	11:25	0.4	5:31	8:28	
8	Tue	5:09	5.5	5:38	6.5	11:35	0.0			5:32	8:28	
9	Wed	6:09	5.5	6:34	6.6	12:22	0.2	12:29	-0.1	5:33	8:27	
10	Thu	7:06	5.6	7:26	6.6	1:15	0.0	1:20	0.0	5:33	8:27	
11	Fri	7:59	5.7	8:15	6.6	2:07	-0.1	2:10	0.0	5:34	8:27	
12	Sat	8:49	5.7	9:01	6.6	2:56	-0.2	2:58	0.1	5:35	8:26	
13	Sun	9:35	5.7	9:45	6.4	3:42	-0.2	3:44	0.2	5:36	8:26	
14	Mon	10:21	5.6	10:28	6.2	4:26	-0.1	4:28	0.4	5:36	8:25	
15	Tue	11:06	5.5	11:10	5.9	5:07	0.1	5:11	0.6	5:37	8:24	
16	Wed	11:51	5.4	11:53	5.6	5:46	0.2	5:52	0.8	5:38	8:24	
17	Thu			12:37	5.3	6:25	0.4	6:35	1.0	5:39	8:23	
18	Fri	12:37	5.3	1:23	5.2	7:04	0.6	7:22	1.2	5:39	8:22	
19	Sat	1:23	5.1	2:08	5.2	7:47	0.8	8:14	1.4	5:40	8:22	
20	Sun	2:11	4.9	2:54	5.3	8:35	0.9	9:13	1.4	5:41	8:21	
21	Mon	3:01	4.8	3:41	5.4	9:29	1.0	10:13	1.3	5:42	8:20	
22	Tue	3:54	4.7	4:30	5.5	10:25	1.0	11:11	1.0	5:43	8:19	
23	Wed	4:50	4.8	5:22	5.7	11:19	0.9			5:44	8:19	
24	Thu	5:47	4.9	6:15	6.0	12:05	0.7	12:10	0.7	5:45	8:18	
25	Fri	6:43	5.1	7:06	6.3	12:57	0.4	1:01	0.5	5:46	8:17	
26	Sat	7:35	5.4	7:55	6.6	1:47	0.1	1:51	0.3	5:46	8:16	
27	Sun	8:24	5.6	8:43	6.8	2:37	-0.2	2:41	0.1	5:47	8:15	
28	Mon	9:12	5.9	9:30	6.9	3:25	-0.4	3:31	0.0	5:48	8:14	
29	Tue	10:00	6.0	10:18	6.9	4:13	-0.5	4:21	-0.1	5:49	8:13	
30	Wed	10:50	6.2	11:08	6.7	4:59	-0.6	5:11	-0.1	5:50	8:12	
31	Thu	11:42	6.2			5:45	-0.6	6:02	0.1	5:51	8:11	