

Rockaway Beach (inside), NY - Oct 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:14	5.3	2:36	5.9	8:26	0.7	9:20	0.8	6:52	6:37	
2	Thu	3:14	5.2	3:34	5.7	9:30	0.9	10:24	0.8	6:53	6:35	
3	Fri	4:12	5.2	4:31	5.7	10:31	0.9	11:20	0.7	6:54	6:34	
4	Sat	5:09	5.3	5:27	5.7	11:27	0.8			6:55	6:32	
5	Sun	6:03	5.5	6:18	5.8	12:09	0.5	12:17	0.6	6:56	6:30	
6	Mon	6:52	5.7	7:05	5.9	12:52	0.3	1:03	0.4	6:57	6:29	
7	Tue	7:36	6.0	7:48	5.9	1:34	0.2	1:47	0.3	6:58	6:27	
8	Wed	8:16	6.1	8:28	5.9	2:13	0.1	2:29	0.3	6:59	6:26	
9	Thu	8:54	6.1	9:05	5.8	2:52	0.1	3:11	0.3	7:00	6:24	
10	Fri	9:29	6.1	9:40	5.6	3:29	0.2	3:50	0.3	7:01	6:22	
11	Sat	10:03	6.0	10:14	5.4	4:04	0.4	4:29	0.5	7:02	6:21	
12	Sun	10:35	5.8	10:49	5.2	4:38	0.6	5:06	0.6	7:03	6:19	
13	Mon	11:08	5.6	11:27	4.9	5:10	0.8	5:44	0.8	7:04	6:18	
14	Tue	11:47	5.5			5:42	1.0	6:26	1.0	7:05	6:16	
15	Wed	12:15	4.8	12:36	5.4	6:17	1.2	7:17	1.1	7:06	6:15	
16	Thu	1:13	4.7	1:36	5.4	7:06	1.3	8:23	1.1	7:07	6:13	
17	Fri	2:17	4.7	2:40	5.5	8:22	1.3	9:34	1.0	7:08	6:12	
18	Sat	3:21	4.9	3:45	5.7	9:44	1.1	10:38	0.6	7:10	6:10	
19	Sun	4:23	5.2	4:48	6.0	10:53	0.8	11:35	0.2	7:11	6:09	
20	Mon	5:23	5.7	5:48	6.3	11:53	0.3			7:12	6:07	
21	Tue	6:20	6.2	6:46	6.5	12:27	-0.3	12:48	-0.2	7:13	6:06	
22	Wed	7:14	6.8	7:39	6.7	1:17	-0.7	1:42	-0.6	7:14	6:04	
23	Thu	8:04	7.1	8:30	6.8	2:05	-0.9	2:34	-0.8	7:15	6:03	
24	Fri	8:53	7.3	9:19	6.7	2:54	-1.0	3:26	-0.8	7:16	6:02	
25	Sat	9:41	7.3	10:09	6.5	3:42	-0.9	4:16	-0.7	7:17	6:00	
26	Sun	9:30	7.1	10:00	6.1	3:30	-0.7	4:06	-0.5	6:18	4:59	
27	Mon	10:20	6.7	10:55	5.7	4:17	-0.4	4:57	-0.2	6:20	4:58	
28	Tue	11:14	6.3	11:52	5.4	5:06	0.0	5:49	0.2	6:21	4:56	
29	Wed			12:10	5.9	5:58	0.5	6:46	0.6	6:22	4:55	
30	Thu	12:51	5.1	1:07	5.6	6:56	0.8	7:48	0.8	6:23	4:54	
31	Fri	1:49	5.0	2:04	5.4	7:58	1.0	8:50	0.8	6:24	4:53	