

Rockaway Beach (inside), NY - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:45	5.0	3:00	5.3	9:01	1.0	9:46	0.7	6:25	4:51	
2	Sun	3:40	5.2	3:54	5.3	9:59	0.9	10:35	0.5	6:27	4:50	
3	Mon	4:32	5.4	4:46	5.3	10:50	0.7	11:19	0.3	6:28	4:49	
4	Tue	5:21	5.6	5:35	5.4	11:36	0.5			6:29	4:48	
5	Wed	6:05	5.9	6:19	5.5	12:00	0.1	12:21	0.3	6:30	4:47	
6	Thu	6:46	6.0	7:00	5.5	12:40	0.0	1:04	0.1	6:31	4:46	
7	Fri	7:24	6.1	7:39	5.5	1:19	0.0	1:45	0.1	6:32	4:45	
8	Sat	8:00	6.1	8:15	5.4	1:58	0.1	2:26	0.1	6:34	4:44	
9	Sun	8:33	6.0	8:51	5.2	2:35	0.2	3:06	0.2	6:35	4:43	
10	Mon	9:06	5.9	9:27	5.1	3:11	0.4	3:46	0.3	6:36	4:42	
11	Tue	9:41	5.8	10:07	4.9	3:46	0.6	4:26	0.4	6:37	4:41	
12	Wed	10:21	5.7	10:55	4.7	4:20	0.7	5:08	0.5	6:38	4:40	
13	Thu	11:11	5.5	11:52	4.7	4:59	0.9	5:58	0.6	6:39	4:39	
14	Fri			12:12	5.5	5:50	1.0	6:58	0.7	6:41	4:38	
15	Sat	12:55	4.7	1:16	5.5	7:00	1.0	8:04	0.6	6:42	4:37	
16	Sun	1:57	5.0	2:20	5.6	8:19	0.9	9:08	0.3	6:43	4:36	
17	Mon	2:59	5.3	3:23	5.7	9:31	0.6	10:07	-0.1	6:44	4:36	
18	Tue	3:59	5.8	4:24	5.9	10:33	0.1	11:00	-0.5	6:45	4:35	
19	Wed	4:56	6.3	5:23	6.1	11:30	-0.3	11:51	-0.8	6:46	4:34	
20	Thu	5:51	6.7	6:19	6.2			12:24	-0.6	6:48	4:34	
21	Fri	6:43	7.0	7:11	6.3	12:41	-1.0	1:17	-0.9	6:49	4:33	
22	Sat	7:32	7.1	8:01	6.3	1:30	-1.0	2:08	-0.9	6:50	4:32	
23	Sun	8:20	7.1	8:50	6.1	2:19	-0.9	2:58	-0.9	6:51	4:32	
24	Mon	9:08	6.8	9:40	5.8	3:07	-0.7	3:47	-0.7	6:52	4:31	
25	Tue	9:56	6.5	10:32	5.5	3:54	-0.4	4:35	-0.4	6:53	4:31	
26	Wed	10:47	6.0	11:26	5.2	4:41	-0.1	5:24	0.0	6:54	4:30	
27	Thu	11:40	5.6			5:30	0.3	6:15	0.3	6:55	4:30	
28	Fri	12:22	4.9	12:34	5.3	6:22	0.7	7:09	0.6	6:56	4:29	
29	Sat	1:17	4.8	1:28	5.0	7:20	0.9	8:06	0.7	6:57	4:29	
30	Sun	2:11	4.8	2:22	4.9	8:22	1.0	9:02	0.6	6:58	4:29	