

Rockaway Beach (inside), NY - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:03	5.0	4:21	4.5	10:33	0.6	10:47	0.3	7:18	4:39	
2	Fri	4:53	5.2	5:13	4.6	11:23	0.3	11:34	0.2	7:19	4:39	
3	Sat	5:40	5.4	6:03	4.7			12:10	0.1	7:19	4:40	
4	Sun	6:25	5.7	6:48	4.9	12:19	0.1	12:57	-0.2	7:19	4:41	
5	Mon	7:07	5.9	7:31	5.0	1:03	0.0	1:42	-0.3	7:19	4:42	
6	Tue	7:47	6.0	8:12	5.1	1:47	-0.1	2:27	-0.5	7:19	4:43	
7	Wed	8:28	6.1	8:54	5.2	2:29	-0.2	3:11	-0.5	7:18	4:44	
8	Thu	9:09	6.1	9:37	5.2	3:12	-0.2	3:54	-0.5	7:18	4:45	
9	Fri	9:54	6.0	10:25	5.2	3:55	-0.2	4:37	-0.5	7:18	4:46	
10	Sat	10:43	5.8	11:17	5.2	4:41	-0.1	5:22	-0.4	7:18	4:47	
11	Sun	11:38	5.6			5:31	0.1	6:11	-0.3	7:18	4:48	
12	Mon	12:14	5.3	12:36	5.4	6:29	0.2	7:06	-0.1	7:17	4:49	
13	Tue	1:12	5.4	1:37	5.2	7:37	0.4	8:08	-0.1	7:17	4:50	
14	Wed	2:11	5.5	2:39	5.0	8:49	0.3	9:11	-0.1	7:17	4:51	
15	Thu	3:11	5.6	3:42	5.0	9:56	0.1	10:12	-0.2	7:16	4:52	
16	Fri	4:11	5.8	4:44	5.1	10:57	-0.1	11:08	-0.4	7:16	4:54	
17	Sat	5:10	6.0	5:44	5.3	11:53	-0.4			7:15	4:55	
18	Sun	6:06	6.2	6:39	5.4	12:02	-0.5	12:46	-0.6	7:15	4:56	
19	Mon	6:58	6.3	7:29	5.6	12:53	-0.6	1:36	-0.7	7:14	4:57	
20	Tue	7:45	6.3	8:16	5.6	1:41	-0.7	2:23	-0.7	7:14	4:58	
21	Wed	8:30	6.2	9:01	5.5	2:28	-0.6	3:07	-0.7	7:13	4:59	
22	Thu	9:13	6.0	9:45	5.4	3:12	-0.5	3:49	-0.5	7:12	5:01	
23	Fri	9:55	5.7	10:29	5.2	3:54	-0.3	4:28	-0.3	7:12	5:02	
24	Sat	10:37	5.4	11:14	5.0	4:35	0.0	5:07	-0.1	7:11	5:03	
25	Sun	11:21	5.0	11:59	4.9	5:17	0.3	5:45	0.2	7:10	5:04	
26	Mon			12:07	4.7	6:01	0.6	6:27	0.5	7:10	5:05	
27	Tue	12:46	4.8	12:55	4.5	6:51	0.8	7:14	0.7	7:09	5:07	
28	Wed	1:33	4.7	1:46	4.3	7:49	1.0	8:10	0.8	7:08	5:08	
29	Thu	2:23	4.7	2:41	4.2	8:52	1.0	9:10	0.8	7:07	5:09	
30	Fri	3:15	4.8	3:38	4.2	9:53	0.8	10:07	0.7	7:06	5:10	
31	Sat	4:09	4.9	4:36	4.4	10:49	0.5	11:00	0.5	7:05	5:11	