

Rockaway Beach (inside), NY - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:18	4.7	2:24	4.2	8:42	1.1	9:00	0.8	7:18	4:39	
2	Mon	3:06	4.8	3:24	4.2	9:42	0.9	9:54	0.7	7:19	4:39	
3	Tue	3:54	5.0	4:24	4.2	10:36	0.6	10:48	0.6	7:19	4:40	
4	Wed	4:48	5.3	5:18	4.4	11:30	0.3	11:36	0.3	7:19	4:41	
5	Thu	5:42	5.6	6:12	4.6			12:24	0.0	7:19	4:42	
6	Fri	6:30	5.9	7:00	4.9	12:24	0.1	1:12	-0.3	7:18	4:43	
7	Sat	7:18	6.2	7:48	5.1	1:12	-0.2	2:00	-0.5	7:18	4:44	
8	Sun	8:06	6.4	8:30	5.3	2:00	-0.4	2:48	-0.7	7:18	4:45	
9	Mon	8:48	6.5	9:18	5.4	2:48	-0.5	3:36	-0.8	7:18	4:46	
10	Tue	9:36	6.3	10:06	5.5	3:36	-0.5	4:18	-0.8	7:18	4:47	
11	Wed	10:30	6.1	11:00	5.6	4:24	-0.4	5:00	-0.7	7:18	4:48	
12	Thu	11:18	5.7	11:54	5.6	5:18	-0.2	5:48	-0.5	7:17	4:49	
13	Fri			12:18	5.3	6:12	0.1	6:42	-0.3	7:17	4:50	
14	Sat	12:48	5.6	1:18	5.0	7:18	0.3	7:36	0.0	7:17	4:51	
15	Sun	1:48	5.5	2:18	4.7	8:24	0.4	8:42	0.1	7:16	4:52	
16	Mon	2:48	5.5	3:18	4.6	9:36	0.4	9:42	0.2	7:16	4:54	
17	Tue	3:42	5.4	4:18	4.6	10:36	0.3	10:42	0.1	7:15	4:55	
18	Wed	4:42	5.5	5:24	4.7	11:30	0.1	11:36	0.0	7:15	4:56	
19	Thu	5:42	5.6	6:18	4.9			12:24	-0.1	7:14	4:57	
20	Fri	6:36	5.7	7:06	5.0	12:24	-0.1	1:12	-0.2	7:14	4:58	
21	Sat	7:24	5.8	7:54	5.1	1:12	-0.1	2:00	-0.3	7:13	4:59	
22	Sun	8:06	5.8	8:36	5.2	2:00	-0.2	2:42	-0.3	7:12	5:01	
23	Mon	8:42	5.7	9:12	5.1	2:42	-0.1	3:18	-0.3	7:12	5:02	
24	Tue	9:18	5.5	9:54	5.1	3:24	0.0	3:54	-0.2	7:11	5:03	
25	Wed	9:54	5.2	10:30	5.0	4:00	0.1	4:30	-0.1	7:10	5:04	
26	Thu	10:30	5.0	11:12	4.9	4:36	0.3	5:00	0.2	7:09	5:05	
27	Fri	11:12	4.7	11:48	4.8	5:18	0.6	5:30	0.4	7:09	5:07	
28	Sat	11:54	4.4			5:54	0.8	6:06	0.6	7:08	5:08	
29	Sun	12:30	4.7	12:42	4.2	6:42	0.9	6:48	0.9	7:07	5:09	
30	Mon	1:18	4.7	1:36	4.1	7:48	1.0	7:48	1.0	7:06	5:10	
31	Tue	2:12	4.8	2:36	4.0	8:54	1.0	9:06	1.0	7:05	5:11	