

Rockaway Beach (inside), NY - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:23	4.9	2:01	4.1	8:14	1.1	8:12	1.2	6:28	5:46	
2	Thu	2:29	5.0	3:09	4.2	9:31	0.9	9:35	1.0	6:27	5:47	
3	Fri	3:37	5.3	4:17	4.5	10:36	0.5	10:41	0.6	6:25	5:48	
4	Sat	4:43	5.6	5:19	4.9	11:33	0.1	11:40	0.1	6:23	5:49	
5	Sun	5:44	6.0	6:15	5.5			12:24	-0.4	6:22	5:51	
6	Mon	6:38	6.4	7:06	6.1	12:35	-0.3	1:12	-0.8	6:20	5:52	
7	Tue	7:28	6.6	7:53	6.5	1:28	-0.7	1:59	-1.0	6:19	5:53	
8	Wed	8:16	6.6	8:40	6.8	2:19	-0.9	2:44	-1.1	6:17	5:54	
9	Thu	9:03	6.4	9:26	6.8	3:09	-1.0	3:28	-1.1	6:16	5:55	
10	Fri	9:52	6.1	10:14	6.6	3:57	-0.8	4:12	-0.8	6:14	5:56	
11	Sat	10:43	5.7	11:04	6.3	4:45	-0.6	4:58	-0.4	6:12	5:57	
12	Sun	11:37	5.3	11:57	5.9	5:36	-0.2	5:46	0.0	6:11	5:58	
13	Mon			12:35	4.9	6:31	0.3	6:41	0.5	6:09	5:59	
14	Tue	12:54	5.5	1:35	4.7	7:34	0.7	7:44	0.8	6:07	6:00	
15	Wed	1:54	5.2	2:36	4.5	8:45	0.9	8:53	1.0	6:06	6:01	
16	Thu	2:55	5.0	3:38	4.6	9:52	0.8	9:58	0.9	6:04	6:03	
17	Fri	3:58	5.0	4:39	4.7	10:49	0.6	10:54	0.7	6:03	6:04	
18	Sat	4:56	5.1	5:34	5.0	11:38	0.4	11:44	0.5	6:01	6:05	
19	Sun	5:49	5.3	6:21	5.3			12:20	0.2	5:59	6:06	
20	Mon	6:34	5.4	7:03	5.6	12:30	0.3	1:00	0.0	5:58	6:07	
21	Tue	7:15	5.5	7:41	5.8	1:14	0.2	1:38	0.0	5:56	6:08	
22	Wed	7:52	5.5	8:16	5.9	1:55	0.1	2:14	0.0	5:54	6:09	
23	Thu	8:27	5.4	8:48	5.9	2:34	0.1	2:48	0.1	5:53	6:10	
24	Fri	9:00	5.2	9:19	5.8	3:11	0.1	3:21	0.3	5:51	6:11	
25	Sat	9:33	5.0	9:48	5.6	3:47	0.2	3:51	0.5	5:49	6:12	
26	Sun	10:07	4.8	10:20	5.5	4:22	0.4	4:19	0.7	5:48	6:13	
27	Mon	10:46	4.6	10:58	5.4	4:57	0.5	4:47	0.9	5:46	6:14	
28	Tue	11:34	4.5	11:49	5.3	5:38	0.7	5:21	1.1	5:44	6:15	
29	Wed			12:33	4.3	6:31	0.9	6:13	1.2	5:43	6:16	
30	Thu	12:52	5.3	1:38	4.4	7:45	1.0	7:38	1.3	5:41	6:17	
31	Fri	2:00	5.3	2:44	4.5	9:01	0.9	9:07	1.1	5:39	6:18	