

Rockaway Beach (inside), NY - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:03	5.3	7:23	6.5	1:14	0.2	1:14	0.2	5:28	8:29	
2	Sun	7:58	5.4	8:14	6.5	2:08	0.0	2:07	0.2	5:28	8:29	
3	Mon	8:50	5.4	9:03	6.5	2:59	0.0	2:57	0.2	5:29	8:29	
4	Tue	9:39	5.4	9:48	6.4	3:48	-0.1	3:45	0.3	5:29	8:29	
5	Wed	10:26	5.4	10:33	6.1	4:33	0.0	4:31	0.5	5:30	8:29	
6	Thu	11:13	5.3	11:16	5.8	5:14	0.1	5:15	0.7	5:31	8:28	
7	Fri	11:59	5.3			5:53	0.2	5:58	0.9	5:31	8:28	
8	Sat	12:00	5.5	12:45	5.3	6:31	0.4	6:42	1.1	5:32	8:28	
9	Sun	12:44	5.2	1:30	5.3	7:10	0.6	7:29	1.3	5:33	8:27	
10	Mon	1:30	4.9	2:15	5.3	7:50	0.8	8:22	1.4	5:33	8:27	
11	Tue	2:17	4.7	2:59	5.3	8:36	1.0	9:20	1.4	5:34	8:27	
12	Wed	3:07	4.6	3:45	5.4	9:29	1.1	10:19	1.3	5:35	8:26	
13	Thu	3:59	4.5	4:34	5.5	10:24	1.1	11:16	1.1	5:35	8:26	
14	Fri	4:56	4.5	5:25	5.6	11:18	1.1			5:36	8:25	
15	Sat	5:53	4.6	6:18	5.8	12:10	0.9	12:10	1.0	5:37	8:25	
16	Sun	6:49	4.7	7:09	6.1	1:02	0.6	1:00	0.8	5:38	8:24	
17	Mon	7:40	4.9	7:57	6.4	1:53	0.4	1:50	0.6	5:39	8:23	
18	Tue	8:28	5.2	8:43	6.6	2:42	0.1	2:39	0.4	5:39	8:23	
19	Wed	9:14	5.4	9:28	6.7	3:29	-0.1	3:28	0.3	5:40	8:22	
20	Thu	10:00	5.6	10:14	6.6	4:14	-0.3	4:16	0.2	5:41	8:21	
21	Fri	10:48	5.8	11:01	6.4	4:58	-0.4	5:05	0.2	5:42	8:20	
22	Sat	11:37	6.0	11:52	6.2	5:40	-0.4	5:54	0.3	5:43	8:20	
23	Sun			12:29	6.1	6:24	-0.3	6:47	0.5	5:44	8:19	
24	Mon	12:46	5.8	1:23	6.2	7:11	-0.1	7:45	0.6	5:45	8:18	
25	Tue	1:43	5.5	2:17	6.2	8:03	0.1	8:49	0.8	5:45	8:17	
26	Wed	2:41	5.3	3:13	6.2	9:01	0.3	9:58	0.8	5:46	8:16	
27	Thu	3:41	5.1	4:11	6.1	10:04	0.5	11:03	0.7	5:47	8:15	
28	Fri	4:44	5.0	5:11	6.1	11:06	0.5			5:48	8:14	
29	Sat	5:47	5.0	6:10	6.2	12:03	0.6	12:03	0.5	5:49	8:13	
30	Sun	6:47	5.2	7:06	6.2	12:59	0.4	12:57	0.4	5:50	8:12	
31	Mon	7:42	5.3	7:57	6.3	1:51	0.2	1:48	0.4	5:51	8:11	